## Harrison (G) V Outdoor Track

## Coaches:

- Keina Samuels , Head Coach
- Mike Pellet
- Joseph Bachana
- Andrew Dapolite
- Joshua Gallagher

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 11, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 11, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 12, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 13, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 14, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 15, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 18, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 19, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 20, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 22, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 25, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 26, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 27, 2024	Wed	Practice (Dual Meet)	N/A	4:30 PM	6:30 PM	Mamaroneck			
Mar 28, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Mar 29, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 1, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 2, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 3, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 4, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 5, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 6, 2024	Sat	Regular Season (Pirates Relay)	@ Pearl River	8:30 AM		Pearl River HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 7:00 AM	L
Apr 6, 2024	Sat	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 8, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 9, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			

Apr 9, 2024   Tue   Regular Season   Parattice (Track practice)   Paratt	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 10, 2024         Wed (Filton Invitational) Invitational)         TBD (PM) PM (Field Pield Pie	Apr 9, 2024	Tue	Regular Season						Harrison High School - Gym Side <b>Departure Time:</b>	L
Apr 12, 2024         Fri practice (Track practice)         N/A         PM P	Apr 10, 2024	Wed	(Fulton	TBD						L
Apr 13, 2024         Sat practice practice (Track practice)         N/A         PM         PM         FI FIRE RESTRICE           Apr 13, 2024         Sat practice (Track practice)         N/A         3:15 PM         4:30 PM         HS Track           Apr 15, 2024         Mon Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 15, 2024         Mon Regular Season (New Rochelle)         Mamaroneck PM         HS Track           Apr 16, 2024         Tue Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 17, 2024         Wed Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 18, 2024         Thu Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 19, 2024         Fri Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 19, 2024         Fri Regular Season (Mounties Madness)         Q Suffern         4:30 PM         HS Track           Apr 20, 2024         Sat Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 22, 2024         Mon Practice (Track practice)         N/A         3:15 PM         HS Track           Apr 23, 2024         Tue Practice (Track practice)         N/A         3:15 PM	Apr 11, 2024	Thu		N/A			HS Track			
Apr 15, 2024   Mon   Practice (Track practice)   N/A   3:15   4:30   PM   HS Track	Apr 12, 2024	Fri		N/A			HS Track			
Apr 15, 2024         Mon Practice (New Rochelle)         N/A         PM P	Apr 13, 2024	Sat		N/A			HS Track			
Apr 16, 2024 Tue Practice (Track practice) N/A 3:15 PM	Apr 15, 2024	Mon		N/A			HS Track			
Apr 19, 2024 Med Practice (Track practice)  Apr 19, 2024 Thu Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 20, 2024 Sat Practice (Track practice)  Apr 22, 2024 Mon Practice (Track practice)  Apr 23, 2024 Tue Practice (Track practice)  N/A PM	Apr 15, 2024	Mon		Mamaroneck			HS Track			L
Apr 18, 2024 Thu Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 20, 2024 Sat Practice (Track practice)  Apr 22, 2024 Mon Practice (Track practice)  Apr 23, 2024 Tue Practice (Track practice)  N/A PM	Apr 16, 2024	Tue		N/A			HS Track			
Apr 19, 2024 Fri Practice (Track practice)  Apr 19, 2024 Fri Practice (Track practice)  Apr 19, 2024 Fri Regular Season (Mounties Madness)  Apr 20, 2024 Sat Practice (Track practice)  Apr 22, 2024 Mon Practice (Track practice)  Apr 23, 2024 Tue Practice (Track practice)  N/A 3:15 PM	Apr 17, 2024	Wed		N/A			HS Track			
Apr 19, 2024 Fri practice)  Regular Season (Mounties Madness)  Regular Season (Mountie	Apr 18, 2024	Thu		N/A			HS Track			
Apr 19, 2024 Fri Regular Season (Mounties Madness)  @ Suffern MS Bus/Driver: First Student School - Gym Side L Departure Time: 2:45 PM  Apr 20, 2024 Sat Practice (Track practice)  Apr 22, 2024 Mon Practice (Track practice)  N/A 3:15 PM PM PM PM PS Track  Apr 23, 2024 Tue Practice (Track practice)  N/A 3:15 PM PM PM PM PS Track  PM P	Apr 19, 2024	Fri		N/A			HS Track			
Apr 20, 2024 Sat practice) N/A PM PM HS Track  Apr 22, 2024 Mon Practice (Track practice) N/A PM PM HS Track  Apr 23, 2024 Tue Practice (Track practice) N/A PM PM HS Track  Apr 23, 2024 Tue Practice (Track practice) N/A PM PM HS Track  Apr 24, 2024 PM PM HS Track	Apr 19, 2024	Fri	(Mounties	@ Suffern			Suffern MS		Harrison High School - Gym Side <b>Departure Time:</b>	L
Apr 23, 2024 Tue Practice (Track practice)  N/A  PM PM PM HS Track  Apr 23, 2024 Tue Practice (Track practice)  N/A  N/A  PM PM HS Track PM HS Track	Apr 20, 2024	Sat		N/A			HS Track			
practice) PM PM PS Track	Apr 22, 2024	Mon		N/A			HS Track			
Direction /Treats 0:45 4:00	Apr 23, 2024	Tue		N/A			HS Track			
Apr 24, 2024 Wed Practice (Track N/A PM PM HS Track	Apr 24, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
Apr 25, 2024 Thu Practice (Track practice) PM PM PM HS Track	Apr 25, 2024	Thu		N/A			HS Track			
Apr 25, 2024 Thu Regular Season 4:15 HS Turf (Harrison Field TBD PM Field L	Apr 25, 2024	Thu	(Harrison Field	TBD						L
Apr 26, 2024 Fri Practice (Track practice) N/A 3:15 4:30 HS Track	Apr 26, 2024	Fri		N/A			HS Track			
Apr 27, 2024 Sat (Gold Rush Invite)  Regular Season @ 8:30 HS Turf Field  AM  HS Turf Field  Bus/Driver: First Student School - Gym Side L Departure Time: 7:00 AM	Apr 27, 2024	Sat	(Gold Rush	Clarkstown					Harrison High School - Gym Side <b>Departure Time:</b>	L
Apr 27, 2024 Sat Practice (Track practice) N/A 3:15 4:30 HS Track	Apr 27, 2024	Sat		N/A			HS Track			
Apr 29, 2024 Mon Practice (Track practice) N/A 3:15 4:30 HS Track	Apr 29, 2024	Mon		N/A			HS Track			
Apr 30, 2024 Tue Practice (Track practice) PM PM PM HS Track	Apr 30, 2024	Tue		N/A			HS Track			
May 1, 2024 Wed Practice (Track practice) PM PM HS Track	May 1, 2024	Wed		N/A			HS Track			

May 2, 2024	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 3, 2024	May 2, 2024	Thu	· ·	N/A			HS Track			
May 3, 2024	May 3, 2024	Fri	· ·	N/A			HS Track			
May 3, 2024         Fri         Regular Season & Somers         4:30 PM         Somers HS         Bus/Driver: School - Gym Side Lists Student Departure Time: 3:00 PM           May 4, 2024         Sat Practice (Track practice)         N/A         3:15 PM	May 3, 2024	Fri	Regular Season	-			Woodbury		Harrison High School - Gym Side <b>Departure Time:</b>	L
May 6, 2024         Mon practice (Track practice)         N/A practice (Track practice)         N/A pM practice (Prack practice)         N/A pM practice (Prack practice)         N/A pM	May 3, 2024	Fri	Regular Season	@ Somers			Somers HS		Harrison High School - Gym Side <b>Departure Time:</b>	L
May 7, 2024         Tue         Practice (Track practice)         N/A pM	May 4, 2024	Sat	· ·	N/A			HS Track			
May 7, 2024 Tue Regular Season (League Championships) Mamaroneck PM Mamaroneck PM MHS Track Pirist Student Departure Point: Harrison High School - Gym Side L Departure Time: 3:00 PM May 8, 2024 Wed Practice (Track practice) PM PM HS Track PM School - Gym Side L Departure Time: 3:00 PM PM HS Track PM PM PM PM HS Track PM	May 6, 2024	Mon		N/A			HS Track			
May 7, 2024   Tue   Regular Season (League Championships)   PM	May 7, 2024	Tue		N/A			HS Track			
May 8, 2024 Wed Practice) N/A PM PM HS Track  Regular Season (League Championships) @ Scarsdale 4:30 Scarsdale HS Bus/Driver: Harrison High School - Gym Side L Departure Time: 3:00 PM  May 9, 2024 Thu Practice (Track practice) N/A PM PM PM HS Track  May 10, 2024 Fri Practice (Track Invitational) Plains PM	May 7, 2024	Tue	(League	_			MHS Track		Harrison High School - Gym Side Departure Time:	L
May 8, 2024   Wed   Regular Season (League Championships)   PM	May 8, 2024	Wed	· ·	N/A			HS Track			
May 10, 2024 Fri Practice (Track practice)  May 11, 2024 Fri Practice (Track practice)  May 11, 2024 Sat Practice (Track practice)  May 11, 2024 Sat Practice (Track practice)  May 11, 2024 Sat Practice (Track practice)  May 13, 2024 Mon Practice (Track practice)  May 14, 2024 Tue Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  May 16, 2024 Practice (Track practice)  May 17, 2024 Regular Season (May 18, 2024 Practice (Track practice)  May 18, 2024 Practice (Track practice)  May 19, 2024 Practice (Track practice)  M	May 8, 2024	Wed	(League	@ Scarsdale					Harrison High School - Gym Side Departure Time:	L
May 10, 2024 Fri	May 9, 2024	Thu	· ·	N/A			HS Track			
May 10, 2024 Fri Regular Season (Louck's Invitational)  May 11, 2024 Sat Regular Season (Louck's Invitational)  May 11, 2024 Sat Regular Season (Rasbeck Relays)  May 11, 2024 Sat Practice (Track practice)  May 13, 2024 Mon Practice (Track practice)  May 14, 2024 Tue Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  May 16, 2024 Regular Season (Rasbeck Relays)  May 17, 2024 Regular Season (Ambie Plains Pub Ph	May 10, 2024	Fri	· ·	N/A			HS Track			
May 11, 2024 Sat Regular Season (Louck's Invitational)  May 11, 2024 Sat Regular Season (Rasbeck Relays)  May 11, 2024 Sat Practice (Track practice)  May 13, 2024 Tue Practice (Track practice)  May 14, 2024 Tue Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  Pagular Season (Plains Plains Pla	May 10, 2024	Fri	(Louck's						Harrison High School - Gym Side <b>Departure Time:</b>	L
May 11, 2024 Sat Regular Season (Rasbeck Relays)  May 11, 2024 Sat Practice (Track practice)  May 13, 2024 Mon Practice (Track practice)  May 14, 2024 Tue Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  N/A 3:15 4:30 PM	May 11, 2024	Sat	(Louck's	_					Harrison High School - Gym Side <b>Departure Time:</b>	L
May 13, 2024 Mon Practice (Track practice)  May 14, 2024 Tue Practice (Track practice)  May 15, 2024 Wed Practice (Track practice)  May 16, 2024 Practice (Track practice)  May 17, 2024 Practice (Track practice)  May 18 Track  May 18 Track  May 18 Track  MAY HS Track	May 11, 2024	Sat	(Rasbeck	@ Irvington			Irvington HS		Harrison High School - Gym Side <b>Departure Time:</b>	L
May 14, 2024 Tue Practice (Track practice) N/A 3:15 4:30 PM PM HS Track  May 15, 2024 Wed Practice (Track practice) N/A 3:15 4:30 PM PM HS Track  Practice (Track practice) N/A 3:15 4:30 PM PM PM HS Track  Practice (Track practice) N/A 3:15 4:30 PM	May 11, 2024	Sat		N/A			HS Track			
May 15, 2024 Wed Practice (Track practice)  N/A PM PM HS Track  May 15, 2024 Wed Practice (Track practice)  N/A 3:15 4:30 PM PM HS Track  Practice (Track practice)	May 13, 2024	Mon	· ·	N/A			HS Track			
Practice (Track 2:15 4:20	May 14, 2024	Tue	· ·	N/A			HS Track			
Practice (Track N/A 3:15 4:30	May 15, 2024	Wed		N/A			HS Track			
May 16, 2024 Thu practice) N/A PM PM HS Track	May 16, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 16, 2024	Thu	Regular Season	@ Edgemont	4:30 PM		Edgemont HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 3:00 PM	L
May 17, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 17, 2024	Fri	Regular Season (Westchester County Championships)	@ Hendrick Hudson	4:30 PM		Hendrick Hudson HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 3:00 PM	L
May 18, 2024	Sat	Regular Season (Westchester County Championships)	@ Yorktown	11:30 AM		Yorktown HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 9:15 AM	L
May 18, 2024	Sat	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 20, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 21, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 22, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 23, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 23, 2024	Thu	Regular Season (Class A Championship)	@ Suffern	4:00 PM		Suffern MS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 2:30 PM	L
May 24, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 25, 2024	Sat	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 27, 2024	Mon	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 28, 2024	Tue	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 28, 2024	Tue	Regular Season (Hammer, Javelin, Walk)	@ Hendrick Hudson	4:30 PM		Hendrick Hudson HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 3:00 PM	L
May 28, 2024	Tue	Regular Season (Fast Times Relays)	@ Warwick Valley	6:15 PM		Warwick Valley HS	Bus/Driver: First Student	Departure Point: Harrison High School - Gym Side Departure Time: 4:15 PM	L
May 29, 2024	Wed	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 30, 2024	Thu	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			
May 31, 2024	Fri	Practice (Track practice)	N/A	3:15 PM	4:30 PM	HS Track			

Date: 2024-05-20