

Coaches:

- Marco DiRuocco, Head Coach
- Mike Dunning, Asst Coach
- Matt Ciraco
- Jay Ciraco

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 9, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 14, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 16, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 22, 2022	Thu	Regular Season	Blind Brook	4:30 PM		LMK Turf Field	L
Sep 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	LMK Turf Field	
Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Sep 30, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Oct 4, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Oct 5, 2022	Wed	Practice	N/A	1:00 PM	3:00 PM	LMK Turf Field	
Oct 6, 2022	Thu	Regular Season 32-0 W	Pelham	4:30 PM		LMK Turf Field	L
Oct 7, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	
Oct 10, 2022	Mon	Practice	N/A	9:00 AM	11:00 AM	LMK Turf Field	
Oct 11, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field	
Oct 12, 2022	Wed	Regular Season 18-16 W	Pearl River	5:30 PM		LMK Turf Field	L
Oct 13, 2022	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	
Oct 14, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field		
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field		
Oct 20, 2022	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field		
Oct 21, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field		
Oct 24, 2022	Mon	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field		
Oct 25, 2022	Tue	Regular Season 0-22 L	White Plains	4:30 PM		LMK Turf Field		L
Oct 26, 2022	Wed	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field		
Oct 27, 2022	Thu	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field		
Oct 28, 2022	Fri	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field		
Nov 1, 2022	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	LMK Turf Field		
Nov 2, 2022	Wed	Practice	N/A	3:00 PM	5:30 PM	LMK Turf Field		
Nov 3, 2022	Thu	Regular Season 30-8 W	Sleepy Hollow	4:30 PM		LMK Turf Field		L

Date: 2024-05-21