

Coaches:

- Alison Daday, Head Coach
- Olivia Hopf

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION TRANSPORTATION / NON- LEAGUE
Jul 5, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Jul 5, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Jul 12, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Jul 19, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Jul 26, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Aug 2, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Aug 9, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Aug 16, 2023	Wed	Practice (Field Hockey Summer Open Turf)	N/A	6:00 PM	7:30 PM	HS Turf Field
Aug 21, 2023	Mon	Practice (Varsity and JV Field Hockey)	N/A	8:30 AM	11:30 AM	LMK Turf Field
Aug 22, 2023	Tue	Practice (Varsity and JV Field Hockey)	N/A	7:30 AM	10:00 AM	LMK Turf Field
Aug 23, 2023	Wed	Practice (Varsity and JV Field Hockey)	N/A	9:00 AM	12:00 PM	LMK Turf Field
Aug 24, 2023	Thu	Practice (Varsity and JV Field Hockey)	N/A	8:00 AM	10:00 AM	LMK Turf Field
CANCELLED Aug 25, 2023	Fri	Practice (Varsity and JV Field Hockey)	N/A	8:30 AM	11:30 AM	LMK Turf Field
Aug 25, 2023	Fri	Practice (Varsity and JV Field Hockey)	N/A	8:30 AM	9:30 AM	HS Big Gym
Aug 26, 2023	Sat	Practice (Varsity and JV Field Hockey)	N/A	7:00 AM	9:00 AM	LMK Turf Field
Aug 29, 2023	Tue	Practice (Varsity and JV Field Hockey)	N/A	9:00 AM	11:00 AM	LMK Turf Field
Aug 30, 2023	Wed	Practice (JV Field Hockey Practice)	N/A	8:00 AM	9:30 AM	LMK Turf Field
Aug 30, 2023	Wed	Practice (Varsity FH Scrimmage vs. Pelham)	N/A	11:00 AM	2:00 PM	LMK Turf Field
Aug 31, 2023	Thu	Practice (Varsity and JV Field Hockey)	N/A	4:00 PM	6:00 PM	LMK Turf Field
Sep 1, 2023	Fri	Regular Season	Irvington	10:00 AM		HS Turf NL Field
Sep 4, 2023	Mon	Practice (Varsity FH Practice)	N/A	5:00 PM	7:00 PM	LMK Turf Field
Sep 5, 2023	Tue	Practice (Varsity FH Practice)	N/A	5:00 PM	7:00 PM	LMK Turf Field
Sep 6, 2023	Wed	Regular Season	Ossining	5:30 PM		HS Turf L
Sep 8, 2023	Fri	Regular Season	White Plains	4:45 PM		LMK Turf NL Field
Sep 9, 2023	Sat	Regular Season	Rye Neck	12:00 PM		HS Turf NL Field
Sep 11, 2023	Mon	Practice (Varsity FH Practice)	N/A	3:00 PM	4:00 PM	HS Turf Field

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Sep 13, 2023	Wed	Practice (Varsity FH)	N/A	4:30 PM	5:15 PM	HS Fitness Center	
Sep 14, 2023	Thu	Regular Season	Roy C Ketcham/ Wappingers JHS	4:45 PM	6:30 PM	LMK Turf Field	L
Sep 15, 2023	Fri	Practice (Varsity FH Practice)	N/A	3:30 PM	5:30 PM	HS Turf Field	
Sep 17, 2023	Sun	Practice (Varsity FH Practice)	N/A	4:00 PM	6:00 PM	HS Turf Field	
Sep 19, 2023	Tue	Practice (Varsity FH Practice)	N/A	5:30 PM	7:00 PM	LMK Turf Field	
Sep 22, 2023	Fri	Practice (Varsity FH Practice)	N/A	2:45 PM	4:15 PM	LMK Turf Field	
Sep 25, 2023	Mon	Practice (Varsity FH Practice)	N/A	4:00 PM	6:00 PM	LMK Turf Field	
Sep 27, 2023	Wed	Practice (Varsity FH Practice)	N/A	3:00 PM	4:00 PM	HS Turf Field	
Sep 27, 2023	Wed	Practice (Varsity FH)	N/A	4:30 PM	5:15 PM	HS Fitness Center	
Sep 28, 2023	Thu	Practice (JV FH)	N/A	2:45 PM	3:25 PM	HS Turf Field	
Sep 29, 2023	Fri	Practice (Varsity FH)	N/A	3:00 PM	4:30 PM	HS Turf Field	
Oct 1, 2023	Sun	Practice (Varsity FH Practice)	N/A	4:00 PM	6:00 PM	HS Turf Field	
Oct 3, 2023	Tue	Practice (Varsity FH)	N/A	3:00 PM	4:00 PM	HS Turf Field	
Oct 4, 2023	Wed	Practice (Varsity FH)	N/A	3:00 PM	4:00 PM	HS Turf Field	
Oct 4, 2023	Wed	Practice (Varsity FH)	N/A	4:30 PM	5:15 PM	HS Fitness Center	
Oct 9, 2023	Mon	Practice (Varsity FH Practice)	N/A	5:00 PM	7:00 PM	HS Turf Field	
Oct 10, 2023	Tue	Practice (Varsity FH Practice)	N/A	3:00 PM	4:00 PM	HS Turf Field	
Oct 10, 2023	Tue	Regular Season	TBD	6:15 PM		HS Turf Field	L
Oct 10, 2023	Tue	Regular Season	Sleepy Hollow	6:15 PM		HS Turf Field	L
Oct 11, 2023	Wed	Regular Season	Horace Greeley	4:30 PM		LMK Turf Field	L
Oct 11, 2023	Wed	Practice (Varsity FH Practice)	N/A	4:30 PM	5:15 PM	HS Fitness Center	
Oct 11, 2023	Wed	Practice (Varsity FH Practice)	N/A	5:30 PM	6:30 PM	LMK Turf Field	
Oct 13, 2023	Fri	Practice (Varsity FH Practice)	N/A	3:30 PM	5:30 PM	HS Turf Field	
Oct 16, 2023	Mon	Practice (Varsity FH Practice)	N/A	6:00 PM	7:30 PM	HS Turf Field	
Oct 17, 2023	Tue	Practice (Varsity FH Practice)	N/A	3:45 PM	5:30 PM	HS Turf Field	
Oct 18, 2023	Wed	Practice (Varsity FH Practice)	N/A	6:00 PM	7:30 PM	LMK Turf Field	
Oct 19, 2023	Thu	Practice (Varsity FH Practice/Scrimmage vs. Irvington)	N/A	6:00 PM	7:30 PM	HS Turf Field	

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Oct 20, 2023	Fri	Practice (Varsity FH Practice)	N/A	4:30 PM	6:00 PM	HS Big Gym

Date: 2024-05-20