



Harrison

(B) 7/8TH Cross Country

Coaches:

- Emily Bryant, Head Coach
- Fernando Amico, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Sep 20, 2023	Wed	Regular Season (Rye, Rye Neck)	Sleepy Hollow	4:45 PM		LMK Cross Country Trails		L
Sep 21, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	3:45 PM	LMK Track		
Sep 28, 2023	Thu	Regular Season	White Plains	4:45 PM		LMK Cross Country Trails		L
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	3:45 PM	LMK Track		
Oct 4, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 10, 2023	Tue	Practice	N/A	3:00 PM	3:45 PM	LMK Track		
Oct 11, 2023	Wed	Regular Season (Port Chester)	Blind Brook	4:45 PM		LMK Cross Country Trails		L
Oct 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 13, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	LMK Track		
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	3:45 PM	LMK Track		
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	LMK Track		

Date: 2024-05-21