



# Harrison

## (G) V Cross Country

### Coaches:

- Bonnie Gerhart, Head Coach
- Keina Samuels
- James Gerhart

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	HS Track			
Aug 23, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	HS Track			
Aug 24, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	HS Track			
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	9:30 AM	HS Track			
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	11:00 AM	Pine Ridge Park			
Aug 29, 2022	Mon	Practice	N/A	7:00 AM	8:30 AM	HS Track			
Aug 30, 2022	Tue	Practice	N/A	7:00 AM	1:00 PM	HS Track			
Aug 30, 2022	Tue	Regular Season	@ TBD	9:00 AM		Bowdoin Park	<b>Bus/Driver:</b> First Student		<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 7:00 AM
Aug 31, 2022	Wed	Practice	N/A	7:00 AM	8:30 AM	HS Track			
Sep 1, 2022	Thu	Practice	N/A	7:00 AM	8:30 AM	HS Track			
Sep 6, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 7, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 8, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 9, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 10, 2022	Sat	Regular Season ("Big Red Invitational")	@ Somers	9:00 AM		Somers HS	<b>Bus/Driver:</b> First Student		<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 7:30 AM
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 14, 2022	Wed	Regular Season	@ Byram Hills	4:30 PM		Byram Hills HS	<b>Bus/Driver:</b> First Student		<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 3:00 PM
Sep 15, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 17, 2022	Sat	Regular Season (Invitational)	@ Suffern	9:00 AM		Bear Mountain State Park	<b>Bus/Driver:</b> First Student		<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 6:30 AM

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Sep 19, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 21, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 22, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 23, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 24, 2022	Sat	Regular Season ("Wild Safari")	@ TBD	9:00 AM		Six Flags Great Adventure	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 7:00 AM	NL
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 27, 2022	Tue	Practice	N/A	7:30 AM	9:00 AM	HS Track			
CANCELLED Sep 28, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 28, 2022	Wed	Regular Season	@ Rye	4:00 PM		Rye HS	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 3:00 PM	NL
Sep 29, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Sep 30, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Track			
Oct 3, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 4, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 5, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 6, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 8, 2022	Sat	Regular Season (Invitational)	@ TBD	11:30 AM		Van Cortland Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 10:00 AM	L
Oct 10, 2022	Mon	Practice	N/A	9:00 AM	10:30 PM	HS Track			
Oct 11, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 12, 2022	Wed	Regular Season (League Championships)	@ Byram Hills	4:30 PM		Byram Hills HS	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 3:00 PM	L
Oct 13, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 14, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 17, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 18, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	HS Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 20, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 22, 2022	Sat	Regular Season ("C&O Invitational")	@ TBD	9:00 AM		Bowdoin Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 7:30 AM	NL
Oct 24, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 25, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 26, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 27, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	HS Track			
Oct 29, 2022	Sat	Regular Season (County Championships)	@ Somers	9:00 AM		Somers HS	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 7:30 AM	NL
Nov 5, 2022	Sat	Regular Season ("Section One Championships")	@ TBD	10:00 AM		Bowdoin Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> Harrison High School, Gym Side <b>Departure Time:</b> 8:30 AM	NL

Date: 2024-05-21