

## Coaches:

- James Loomis, Head Coach
- Mike LaDuke, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 15, 2023	Wed	Scrimmage (Wrestling weight assessment at South Jefferson)	@ TBD	6:20 PM		TBD	<b>Departure Time:</b> 5:30 PM	NL
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 22, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 2, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Dec 2, 2023	Sat	Regular Season (APW Varsity Wrestling Annual Tournament)	Canton, South Lewis, Oswego, Henninger (Syracuse City) @ Altmar-Parish- Williamstown (APW/Pulaski)	9:00 AM	8:00 PM	A-P-W High School	<b>Departure Time:</b> 6:45 AM	NL
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 5, 2023	Tue	Regular Season	Phoenix	6:00 PM	7:30 PM	Mexico HS- Gymnasium		L
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		

	DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2023 T	Γhu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 8, 2023 F	-ri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 9, 2023 S	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Dec 9, 2023 S	Sat	Regular Season	Altmar-Parish-Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cazenovia, Fayetteville-Manlius, Grand Island, Holland Patent, New Hartford, Palmyra-Macedon, Oswego, Rush Henrietta, Whitesboro, Vernon-Verona-Sherrill, Union-Endicott, Syracuse City (Syracuse City) @ Phoenix	9:00 AM	5:00 PM	JCB Gym	<b>Departure Time:</b> 6:45 AM	NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 12, 2023 T	Гие	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 13, 2023 V	Ved	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 13, 2023 V	Ved	Regular Season	@ Marcellus	6:00 PM	7:00 PM	Middle School New Gym	<b>Departure Time:</b> 4:00 PM	L
Dec 14, 2023 T	Γhu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 14, 2023 T		Regular Season 63-12 W	Oswego	6:00 PM	8:00 PM	Mexico HS- Gymnasium		L
Dec 15, 2023 F	-ri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 15, 2023 F	-ri	Meet (North Country Wrestling Invite Day 1)	Vs. Multiple	4:00 PM	10:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side)	<b>Departure Time:</b> 1:45 PM	NL
Dec 16, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Dec 16, 2023 S	Sat	Meet (North Country Wrestling Invite Day 2)	Vs. Multiple	8:00 AM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	<b>Departure Time:</b> 6:30 AM	NL
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DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 20, 2023	Wed	Regular Season	@ Cortland	6:00 PM	8:00 PM	Cortland Jr-Sr HS Shafer Gym	<b>Departure Time:</b> 3:45 PM	L
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 22, 2023	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 23, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Dec 27, 2023	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 28, 2023	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 29, 2023	Fri	Regular Season (Ken Haynes tournament at Oswego State)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 6:30 AM	NL
Dec 29, 2023	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Dec 30, 2023	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Dec 30, 2023	Sat	Regular Season (Ken Haynes tournament)	@ TBD	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 3, 2024	Wed	Regular Season	@ Chittenango	6:00 PM	8:00 PM	Chittenango HS- Large Gym	<b>Departure Time:</b> 4:00 PM	L
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 6, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 11, 2024	Thu	Regular Season	@ Homer	6:00 PM		Homer High School	<b>Departure Time:</b> 3:45 PM	L
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 13, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 13, 2024	Sat	Regular Season (Blue Devil Wrestling Tournament)	Central Valley Academy, Beaver River, Dolgeville, Fulton, Herkimer, Morrisville-Eaton (Morrisville- Eaton/Madison), Fabius-Pompey (Southern Hills), East Syracuse Minoa @ Camden	9:00 AM		Camden High School Main Gym	<b>Departure Time:</b> 6:15 AM	NL
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 18, 2024	Thu	Regular Season	@ Fabius-Pompey (Southern Hills)	6:00 PM	8:00 PM	Lafayette HS Gym		NL
Jan 18, 2024	Thu	Regular Season	@ LaFayette (Southern Hills Storm)	6:00 PM		Lafayette HS Gym	<b>Departure Time:</b> 4:00 PM	L
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 20, 2024	Sat	Regular Season (Akley Duals (Tournament))	East Syracuse Minoa, Liverpool, Fabius-Pompey (Southern Hills), Phoenix @ Oswego	8:00 AM	8:00 PM	Oswego HS-Old Gym, Oswego HS-New Gym	<b>Departure Time:</b> 7:30 AM	L
Jan 20, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 25, 2024	Thu	Regular Season	Holland Patent	6:00 PM		Mexico HS- Gymnasium		L
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 27, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 3, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 3, 2024	Sat	Regular Season (Class B Tournament)	Camden, Central Valley Academy, Chittenango, Cortland, Jordan- Elbridge (Port Byron/Union Springs/Jordan- Elbridge/Cato- Meridian), Marcellus, South Jefferson, Vernon- Verona-Sherrill @ Homer	10:00 AM		Homer High School		NL
Feb 3, 2024	Sat	Post-Season (Class meet at Homer HS)	@ TBD	10:00 AM		TBD	<b>Departure Time:</b> 6:00 AM	NL
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 9, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 10, 2024	Sat	Practice	N/A	8:00 AM	10:30 AM	Mexico HS- Wrestling Room		
Feb 10, 2024	Sat	Post-Season (Interclass meet at SRC arena)	@ TBD	10:00 AM		SRC Arena	<b>Departure Time:</b> 6:00 AM	NL
Feb 12, 2024	Mon	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 14, 2024	Wed	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		
Feb 16, 2024	Fri	Practice	N/A	3:00 PM	5:45 PM	Mexico HS- Wrestling Room		

Date: 2024-05-05