

## **Coaches:**

- Kevin Upcraft, Head Coach
- Dave von Holtz, Asst Coach
- Sally Oliver, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 18, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 22, 2023	Wed	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Nov 24, 2023	Fri	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Nov 25, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Nov 29, 2023	Wed	Regular Season 81-99 L	Cicero-North Syracuse	5:00 PM		Mexico HS- Pool	NL
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 2, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 7, 2023	Thu	Regular Season 83-90 L	Fayetteville- Manlius	5:00 PM		Mexico HS- Pool	NL
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 9, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	

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Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 16, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 19, 2023	Tue	Regular Season 81-100 L	Fulton	5:00 PM		Mexico HS- Pool	NL
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Mexico HS- Pool	
Dec 22, 2023	Fri	Practice	N/A	5:30 AM	7:00 AM	Mexico HS- Pool	
Dec 23, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Dec 26, 2023	Tue	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Dec 27, 2023	Wed	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Dec 28, 2023	Thu	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Dec 29, 2023	Fri	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Dec 30, 2023	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Dec 31, 2023	Sun	Practice	N/A	8:00 AM	9:30 AM	Mexico HS- Pool	
Jan 2, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 3, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 4, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 5, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 8, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 9, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 10, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 11, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 12, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 13, 2024	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Jan 15, 2024	Mon	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Jan 16, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 17, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 19, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	

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Jan 20, 2024	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Jan 22, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 23, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 24, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 25, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 25, 2024	Thu	Regular Season 94-80 W	Lowville	5:30 PM		Mexico HS- Pool	L
Jan 26, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 27, 2024	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Jan 29, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Jan 30, 2024	Tue	Regular Season 98-83 W	Weedsport	5:00 PM		Mexico HS- Pool	L
Jan 31, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 2, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 3, 2024	Sat	Practice	N/A	7:00 AM	10:25 AM	Mexico HS- Pool	
Feb 5, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 6, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 7, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 8, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 9, 2024	Fri	Practice	N/A	5:30 AM	6:55 AM	Mexico HS- Pool	
Feb 10, 2024	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Feb 12, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 13, 2024	Tue	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 14, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 15, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 16, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 17, 2024	Sat	Practice	N/A	7:30 AM	10:25 AM	Mexico HS- Pool	
Feb 19, 2024	Mon	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Feb 22, 2024	Thu	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Feb 23, 2024	Fri	Practice	N/A	7:45 AM	10:00 AM	Mexico HS- Pool	
Feb 26, 2024	Mon	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Feb 27, 2024	Tue	Practice	N/A	3:00 PM	4:50 PM	Mexico HS- Pool	
Feb 28, 2024	Wed	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Feb 29, 2024	Thu	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	
Mar 1, 2024	Fri	Practice	N/A	4:00 PM	5:50 PM	Mexico HS- Pool	

Date: 2024-04-29