



Carmel

(B) V Winter Track

Coaches:

- Harold Cargain

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 7, 2026	Wed	Regular Season (Dendy II)	John Jay HS/ Van Wyck JHS, Clarkstown North, Tappan Zee HS, Poughkeepsie, Edgemont @ Roy C Ketcham/ Wappingers JHS	4:30 PM		Armory		L

Date: 2026-01-30