



Carmel

(B) 7/8TH Cross Country

Coaches:

- Jamie Cargain

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2024	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck JHS) @ Pawling	4:30 PM		Pawling HS		L
Oct 16, 2024	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) @ John Jay HS/ Van Wyck JHS (Van Wyck JHS)	4:30 PM		TBD		L

Date: 2026-02-18