



Carmel

(B) V Cross Country

Coaches:

- Harold Cargain

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Roy C Ketcham/ Wappingers JHS, Arlington, Brewster, Lakeland, Walter Panas, Mahopac, Poughkeepsie @ John Jay HS/ Van Wyck JHS	4:30 PM		Bowdoin Park	L
Oct 8, 2024	Tue	Regular Season	Arlington, Brewster, John Jay HS/ Van Wyck JHS, Lakeland, Walter Panas, Mahopac, Poughkeepsie @ Roy C Ketcham/ Wappingers JHS	4:30 PM		bowdoin park	L

Date: 2026-01-08