



Carmel

(G) 7/8TH Cross Country

Coaches:

- Dana Schwark

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 26, 2025	Fri	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country) @ Pawling	4:30 PM		Pawling High School	L
Sep 26, 2025	Fri	Regular Season	TBD	4:30 PM		Pawling High School	L
Oct 8, 2025	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) @ TBD	4:30 PM		LaGrange MS	L
Oct 15, 2025	Wed	Regular Season	Poughkeepsie, TBD @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High)	4:30 PM		Wappingers Junior High	L
Oct 22, 2025	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High) @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:30 PM		TBD	L

Date: 2026-02-10