



**Carmel**  
**(G) V Cross Country**

**Coaches:**

- Eric Schwark

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Roy C Ketcham/ Wappingers JHS, Arlington, Brewster, Lakeland, Walter Panas, Mahopac, Poughkeepsie @ John Jay HS/ Van Wyck JHS	4:30 PM		Bowdoin Park		L
Oct 8, 2024	Tue	Regular Season	Arlington, Brewster, John Jay HS/ Van Wyck JHS, Lakeland, Walter Panas, Mahopac, Poughkeepsie @ Roy C Ketcham/ Wappingers JHS	4:30 PM		bowdoin park		L

Date: 2026-02-11