

Coaches:

- Tim Baker
- Jason Burke

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2022	Wed	Regular Season	Mexico	4:30 PM	5:30 PM	Marcellus Park		L
Sep 10, 2022	Sat	Regular Season (Pre- State Invitational)	@ TBD	9:00 AM		Cross Country Course	Departure Point: SHS Departure Time: 7:00 AM	NL
Sep 14, 2022	Wed	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM	6:30 PM	Marcellus Park		L
Sep 17, 2022	Sat	Regular Season (ESM Invitational)	@ TBD	TBD		Pine Grove Cross Country Track	Departure Point: SHS Departure Time: 7:00 AM	L
Sep 21, 2022	Wed	Regular Season	Homer	4:30 PM	6:30 PM	Marcellus Park		L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:30 AM		Bville - Durgee Cross Country Trail	Departure Point: SHS Departure Time: 9:00 AM	NL
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational)	@ TBD	9:00 AM		McQuaid Jesuit HS	Departure Point: SHS Departure Time: 7:00 AM	NL
Oct 5, 2022	Wed	Regular Season	@ Westhill	4:30 PM	5:30 PM	Santaro Park	Departure Point: SHS Departure Time: 3:30 PM	L
Oct 8, 2022	Sat	Regular Season (Manhattan Invitational)	@ TBD	9:00 AM		Van Cortlandt Park (Manhattan Invitational)	Departure Point: SHS Departure Date: Oct 7, 2022 Departure Time: 10:00 AM	NL
Oct 12, 2022	Wed	Regular Season	Chittenango	4:30 PM	5:30 PM	Marcellus Park		L
Oct 19, 2022	Wed	Scrimmage	Skaneateles	4:30 PM		Marcellus Park		NL
Oct 26, 2022	Wed	Meet (OHSL Cross Country League Championship)	Vs. Multiple	4:00 PM	6:30 PM	Marcellus Park	Departure Point: SHS Departure Time: 2:45 PM	NL
Nov 5, 2022	Sat	Post-Season (Section 3 Championships)	@ TBD	12:00 PM		Cross Country Course	Departure Point: SHS Departure Time: 8:00 AM	NL

Date: 2025-12-20