Arlington Coaches:

(G) 7/8TH Cross Country (LaGrange Girls Cross Country)

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2025	Fri	Regular Season	, ,, -	4:30 PM	6:00 PM	Wappingers Junior High School		L
Oct 15, 2025	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country) @ Pawling	4:30 PM		Pawling High School		L

Date: 2025-12-17