Arlington Coaches:

(G) 7/8TH Cross Country (LaGrange Girls Cross Country)

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 20, 2023	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Poughkeepsie @ Arlington (Union Vale Girls Cross Country)	4:45 PM	6:45 PM	Union Vale MS	L
Oct 4, 2023	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Carmel		6:45 PM	LaGrange MS	L

Date: 2025-12-16