

# Arlington

## (B) V Cross Country

### Coaches:

- Steve Arnett

| DATE         | WEEK DAY | TYPE  | OPPONENTS   | START TIME | END TIME | LOCATION           | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--------------------|----------------|---------------------|
| Sep 5, 2023  | Tue      | Regular Season                                  | Carmel, Mahopac, Poughkeepsie   | 4:30 PM    |          | Bowdoin Park       |                | L                   |
| Sep 12, 2023 | Tue      | Regular Season (Mega Duel-Meet)                 | John Jay HS/ Van Wyck JHS, Carmel, Mahopac, Poughkeepsie, Roy C Ketcham/ Wappingers JHS | 4:15 PM    |          | bowdoin park       |                | L                   |
| Oct 10, 2023 | Tue      | Regular Season                                  | Roy C Ketcham/ Wappingers JHS, John Jay HS/ Van Wyck JHS, Carmel, Mahopac, Poughkeepsie | 4:15 PM    | 6:30 PM  | bowdoin park       |                | L                   |
| Oct 16, 2023 | Mon      | Regular Season                                  | @ Roy C Ketcham/ Wappingers JHS   | 3:30 PM    |          | bowdoin park       |                | L                   |
| Oct 28, 2023 | Sat      | Regular Season (Northern Counties Championship) | John Jay HS/ Van Wyck JHS   | 10:00 AM   |          | Milton Sports Dome |                | L                   |

Date: 2026-02-11