

# Arlington

## (G) 7/8TH Cross Country (Union Vale Girls Cross Country)

### Coaches:

- Marisa Liptak

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2023	Wed	Regular Season	Roy C Ketcham/ Wappingers JHS (Wappingers Junior High), Arlington (LaGrange Girls Cross Country), Poughkeepsie	4:45 PM	6:45 PM	Union Vale MS		L
Sep 27, 2023	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country), Pawling @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High)	4:45 PM		Wappingers Junior High		L
Oct 4, 2023	Wed	Regular Season	Pawling, Poughkeepsie @ John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:45 PM		TBD		L
Oct 11, 2023	Wed	Regular Season	Poughkeepsie, Carmel @ Roy C Ketcham/ Wappingers JHS (Wappingers Junior High)	4:45 PM	6:45 PM	Wappingers Junior High		L
Oct 11, 2023	Wed	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country) @ Pawling	4:45 PM		Pawling HS		L
Oct 16, 2023	Mon	Regular Season	John Jay HS/ Van Wyck JHS (Van Wyck Girls/Boys Cross Country)	4:30 PM		LaGrange MS		L

Date: 2026-02-26