



Adirondack

(G) MODIFIED Swimming/Diving

Coaches:

- Mitch Maryhugh, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 23, 2022	Fri	Regular Season 35-22 W	Utica Proctor (JFK/DMS)	4:30 PM	7:30 PM	Pool		L
CANCELLED Sep 26, 2022	Mon	Regular Season	Rome Free Academy	4:30 PM		Pool		L
Sep 28, 2022	Wed	Regular Season	Holland Patent	5:00 PM	7:00 PM	Pool		L
Sep 30, 2022	Fri	Regular Season	Holland Patent	4:30 PM	7:30 PM	Pool		L
POSTPONED Sep 30, 2022	Fri	Regular Season	West Canada Valley	4:30 PM	7:30 PM	Pool		L
Oct 3, 2022	Mon	Regular Season	South Lewis	4:30 PM	7:30 PM	Pool		NL
Oct 5, 2022	Wed	Regular Season	@ Utica Proctor (JFK/DMS)	4:30 PM	7:30 PM	PHS Swimming Pool		L
CANCELLED Oct 7, 2022	Fri	Regular Season	Rome Free Academy	4:30 PM		Pool		L
Oct 12, 2022	Wed	Regular Season	Rome Free Academy	4:30 PM	7:30 PM	Pool		L
Oct 14, 2022	Fri	Scrimmage (Mod Relays)	Holland Patent, Utica Proctor (JFK/DMS) @ Rome Free Academy	4:00 PM		RFA Pool		L
POSTPONED Oct 14, 2022	Fri	Regular Season	@ West Canada Valley	4:30 PM	7:30 PM	WCV Pool		L
Oct 15, 2022	Sat	Regular Season	@ South Lewis	11:00 AM		South Lewis High School Pool		NL
Oct 17, 2022	Mon	Regular Season	@ Holland Patent	4:30 PM	7:30 PM	Holland Patent HS-Pool		L

Date: 2025-12-06