



# Adirondack

## (G) MODIFIED Swimming/Diving

### Coaches:

- Mitch Maryhugh, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2021	Fri	Regular Season (Swim Relays scrimmage)	@ TBD	4:30 PM	6:30 PM	TBD		L
Sep 22, 2021	Wed	Regular Season	@ Utica Proctor (JFK/DMS)	4:30 PM		PHS Swimming Pool		L
Sep 27, 2021	Mon	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool		NL
Oct 1, 2021	Fri	Regular Season (Invitational- Pentathlon)	Holland Patent, Rome Free Academy @ Utica Proctor (JFK/DMS)	4:30 PM		PHS Swimming Pool		L
Oct 4, 2021	Mon	Regular Season	Lowville @ South Lewis	5:00 PM		South Lewis High School Pool		NL
Oct 6, 2021	Wed	Regular Season	@ Holland Patent	4:30 PM	6:00 PM	TBD		L
Oct 13, 2021	Wed	Regular Season (Modified Invitational)	Holland Patent, Rome Free Academy @ TBD	5:00 PM		TBD		L

Date: 2025-12-06