



# Adirondack

## (G) V Swimming/Diving

### Coaches:

- Elizabeth Ritter, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2025	Thu	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Pool		L
Sep 18, 2025	Thu	Regular Season	Holland Patent	5:00 PM		Pool		L
Sep 20, 2025	Sat	Regular Season (B Invitational)	Beaver River, Lowville @ South Lewis	11:00 AM		South Lewis High School Pool		NL
Sep 23, 2025	Tue	Regular Season	Cooperstown (Cooperstown/Milford)	5:00 PM		Pool		L
Sep 25, 2025	Thu	Regular Season	Utica Proctor	5:00 PM		Pool		L
Oct 9, 2025	Thu	Regular Season	@ Rome Free Academy	4:30 PM		RFA Pool		L
Oct 14, 2025	Tue	Regular Season	@ Lowville	5:00 PM		Lowville High School		NL
Oct 16, 2025	Thu	Regular Season	@ West Canada Valley	4:30 PM		WCV Pool		L
Oct 23, 2025	Thu	Post-Season (TVL Diving Championship)	New Hartford, Holland Patent, Utica Proctor, West Canada Valley @ Rome Free Academy	4:30 PM		RFA Pool		L
Oct 24, 2025	Fri	Post-Season (TVL Swim Championship Meet)	New Hartford, Holland Patent, Cooperstown (Cooperstown/Milford), Utica Proctor, West Canada Valley @ Rome Free Academy	5:00 PM		RFA Pool		L
CANCELLED Nov 1, 2025	Sat	Post-Season (Sectionals-Diving)	New Hartford, Holland Patent, Utica Proctor, Rome Free Academy, West Canada Valley, TBD @ Nottingham (Syracuse)	TBD		Nottingham High School (Pool)		L
Nov 5, 2025	Wed	Post-Season (Sectionals)	New Hartford, Holland Patent, Cooperstown (Cooperstown/Milford), Utica Proctor, Rome Free Academy, West Canada Valley @ Nottingham (Syracuse)	12:40 PM		Nottingham High School (Pool)		L
Nov 7, 2025	Fri	Post-Season (State Qualifiers)	New Hartford, Holland Patent, Cooperstown (Cooperstown/Milford), Utica Proctor, Rome Free Academy, West Canada Valley @ Nottingham (Syracuse)	12:40 PM		Nottingham High School (Pool)		L

Date: 2025-12-06