



Adirondack (G) V Swimming/Diving

Coaches:

- Elizabeth Ritter, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	West Canada Valley	6:00 PM	8:00 PM	South Lewis High School		L
Sep 12, 2024	Thu	Regular Season	TBD @ Holland Patent	5:00 PM	7:00 PM	Holland Patent HS-Pool		L
Sep 18, 2024	Wed	Regular Season	New Hartford	6:00 PM	8:00 PM	South Lewis High School		L
Sep 19, 2024	Thu	Regular Season	@ Cooperstown (Cooperstown/Milford)	5:00 PM		Clark's Sports Center		L
Sep 24, 2024	Tue	Regular Season	Utica Proctor	6:00 PM		South Lewis High School		L
Oct 1, 2024	Tue	Regular Season	@ West Canada Valley	5:00 PM		WCV Pool		L
Oct 3, 2024	Thu	Regular Season (Tri Meet)	Holland Patent, Rome Free Academy	4:30 PM	8:00 PM	Rome Free Academy H S		L
Oct 8, 2024	Tue	Regular Season (Senior Night)	Cooperstown (Cooperstown/Milford)	6:00 PM		South Lewis High School		L
Oct 10, 2024	Thu	Regular Season	@ New Hartford	5:00 PM		New Hartford HS Pool		L
Oct 15, 2024	Tue	Regular Season (Senior Night)	@ Utica Proctor	5:00 PM		PHS Swimming Pool		L
Oct 17, 2024	Thu	Regular Season	@ Rome Free Academy	4:30 PM		RFA Pool		L
Oct 24, 2024	Thu	Regular Season (Diving Championships)	Cooperstown (Cooperstown/Milford), Holland Patent, New Hartford, Utica Proctor, West Canada Valley @ Rome Free Academy	5:00 PM		RFA Pool		L
Oct 25, 2024	Fri	Regular Season (swimming championships)	Cooperstown (Cooperstown/Milford), Holland Patent, Utica Proctor, West Canada Valley @ Rome Free Academy	5:00 PM	8:00 PM	RFA Pool, RFA Auxilliary Gym		L

Date: 2026-03-12