



Adirondack

(B) MODIFIED Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2021	Wed	Regular Season	Sherburne-Earlville, Hamilton, Westmoreland, Herkimer	4:30 PM		Adirondack HS		L
Sep 18, 2021	Sat	Regular Season (New Hartford Invitational)	Whitesboro, Oriskany, Edmeston (Edmeston/Morris), Clinton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 22, 2021	Wed	Regular Season	Canastota, West Canada Valley, Remsen (Remsen) @ Poland	4:30 PM		TBD		L
Sep 29, 2021	Wed	Regular Season	Mount Markham, Cooperstown (Modified) @ Holland Patent	4:30 PM		TBD		L
Oct 6, 2021	Wed	Regular Season	Little Falls, Sauquoit Valley, Dolgeville @ New York Mills	4:30 PM		TBD		L
Oct 13, 2021	Wed	Regular Season	Clinton, Oriskany @ Waterville	4:30 PM		Waterville HS		L
Oct 16, 2021	Sat	Regular Season (John Bernard invitational)	Whitesboro	9:00 AM	1:30 PM	Adirondack HS		NL
Oct 16, 2021	Sat	Regular Season	South Lewis	9:00 AM	1:30 PM	Adirondack HS		NL
Oct 16, 2021	Sat	Regular Season (John Bernard (Adirondack) Invitational)	Remsen (Remsen)	9:30 AM		Adirondack HS		NL
Oct 16, 2021	Sat	Regular Season	Westmoreland	9:30 AM		Adirondack HS		L
Oct 16, 2021	Sat	Regular Season (Adirondack Invitational)	Indian River	10:10 AM		Adirondack HS		NL

Date: 2025-12-05