



Adirondack

(B) MODIFIED Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Poland, Canastota, Remsen (Remsen), West Canada Valley	4:30 PM		TBD		L
Sep 14, 2019	Sat	Regular Season (Invitational)	Utica Proctor (JFK/DMS), Whitesboro, Beaver River, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Vernon-Verona-Sherrill, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		L
Sep 18, 2019	Wed	Regular Season	Holland Patent, Cooperstown (Modified) @ Mount Markham	4:30 PM		TBD		L
Sep 25, 2019	Wed	Regular Season	Little Falls, Sauquoit Valley, New York Mills @ TBD	4:30 PM		TBD		L
Oct 2, 2019	Wed	Regular Season	Clinton, Waterville @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		L
Oct 9, 2019	Wed	Regular Season	Herkimer, Westmoreland, Hamilton @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 19, 2019	Sat	Regular Season (CSC Champion meet)	Poland, Sauquoit Valley, Clinton, Westmoreland, Holland Patent, Little Falls, Cooperstown (Modified), New York Mills, Herkimer, Oriskany, West Canada Valley, Waterville, Hamilton, Mount Markham, Remsen (Remsen), Canastota @ TBD	10:00 AM		Kirkland Town Park		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL

Date: 2026-03-15