



# Adirondack

## (B) MODIFIED Cross Country

### Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 29, 2016	Sat	Regular Season	South Lewis	9:15 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	@ Watertown	9:30 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season (Adirondack Invitational Meet)	Marcellus	9:30 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Post-Season	Beaver River	10:00 AM		TBD		NL
Oct 29, 2016	Sat	Regular Season	Pulaski	TBD		Adirondack HS		NL

Date: 2026-03-14