Coaches:

• Ryan Jennings

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|---------------|-------------|-------------------------|----------------------------|
| Sep 21, 2023 | Thu | Regular Season | West Canada Valley, Waterville, Sherburne- Earlville, Hamilton | 4:30 PM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (Invitational) | DeRuyter, TBD | 8:30 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (John Bernard Invitational) | TBD | 9:00 AM | 12:00 PM | Adirondack HS | NL |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Invitational) | Mount Markham | 9:00 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (John Bernard Adirondack Invitational) | Waterville | 9:00 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (John Bernard Invitational) | Remsen (Remsen/Town of Webb) | 9:30 AM | | TBD | NL |
| Oct 28, 2023 | Sat | Regular Season (John Bernard Invite @ Adirondack HS) | Sandy Creek | 9:30 AM | | Adirondack HS | NL |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Cross Country Invitational) | Central Valley Academy | 10:00 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (John Bernard Invitational) | Notre Dame, Utica | 10:15 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Invite) | Holland Patent | 11:00 AM | | Adirondack HS | L |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Invitational) | Clinton | TBD | | Adirondack HS | L |

Date: 2024-04-29