



Adirondack

(G) MODIFIED Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	West Canada Valley, Poland, Remsen, Canastota	4:30 PM		TBD		L
Sep 14, 2019	Sat	Regular Season (Invitational)	Utica Proctor (JFK/DMS), Whitesboro, Beaver River, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Vernon-Verona-Sherrill, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		L
Sep 18, 2019	Wed	Regular Season	Holland Patent, Cooperstown (Modified) @ Mount Markham	4:30 PM		TBD		L
Sep 25, 2019	Wed	Regular Season	Little Falls, Sauquoit Valley, New York Mills @ TBD	4:30 PM		TBD		L
Oct 2, 2019	Wed	Regular Season	Clinton, Waterville @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		L
Oct 9, 2019	Wed	Regular Season	Hamilton, Herkimer, Westmoreland @ Sherburne-Earville	4:30 PM		Sherburne-Earville HS		L
Oct 19, 2019	Sat	Regular Season	New York Mills, Poland, Sauquoit Valley, Little Falls, Clinton, Cooperstown (Modified), Herkimer, Westmoreland, Sherburne-Earville, Holland Patent, West Canada Valley, Remsen, Mount Markham, Oriskany, Hamilton, Waterville, Canastota @ TBD	10:20 AM		Kirkland Town Park		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL

Date: 2026-03-11