



Adirondack

(G) V Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Regular Season (Senior Night)	Sherburne-Earlville, Canastota, Poland @ Hamilton	4:30 PM		Colgate Cross Country trails		L
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	Clinton, Rome Free Academy, Oneonta, Unadilla Valley (UV/GMU), Utica Proctor, New York Mills, Town of Webb UFSD, Camden, Central Valley Academy, DeRuyter, Edmeston (Edmeston/Morris), Herkimer, Holland Patent, Mount Markham, Notre Dame, Utica, Poland, Sauquoit Valley, Vernon-Verona-Sherrill, Westmoreland, Whitesboro @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 17, 2025	Wed	Regular Season	Remsen, Mount Markham, Owen D. Young (Richfield/ODY), Town of Webb UFSD @ Herkimer	4:30 PM		Herkimer E S		NL
Oct 1, 2025	Wed	Regular Season	Sauquoit Valley, Clinton, Little Falls	4:30 PM	6:30 PM	Adirondack HS		L
Oct 8, 2025	Wed	Regular Season (No Host School Assigned)	Waterville, TBD @ TBD	4:30 PM		TBD		L
Oct 15, 2025	Wed	Regular Season	Westmoreland, West Canada Valley @ Dolgeville	4:30 PM		TBD		L
Oct 25, 2025	Sat	Regular Season (Center State Conference Championship)	Canastota, Clinton, Sherburne-Earlville, Herkimer, Mount Markham, Little Falls, Westmoreland, Waterville, Dolgeville, Poland, Remsen, New York Mills, Hamilton, West Canada Valley, Owen D. Young (Richfield/ODY), Cooperstown, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park		L
Nov 1, 2025	Sat	Regular Season (53rd Annual John Bernard (Adirondack) Cross Country Invitational)	Indian River, Pulaski, McQuaid Jesuit, Notre Dame, Utica, Vernon-Verona-Sherrill, DeRuyter, Clinton, West Canada Valley, Watertown, Hamilton	9:00 AM		Adirondack HS		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 1, 2025	Sat	Regular Season (Adirondack Invitational)	Holland Patent	9:30 AM		Adirondack HS		L

Date: 2025-12-05