



# Adirondack

## (G) V Cross Country

### Coaches:

- Ryan Jennings

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Remsen (Remsen/Town of Webb), Owen D. Young (Richfield/ODY) @ Mount Markham	4:30 PM		HS Track		L
Sep 16, 2023	Sat	Regular Season	@ Vernon-Verona-Sherrill	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 21, 2023	Thu	Regular Season	West Canada Valley, Waterville, Sherburne-Earlville, Hamilton	4:30 PM		Adirondack HS		L
Sep 27, 2023	Wed	Regular Season	Sauquoit Valley, Cooperstown @ Herkimer	4:30 PM		Herkimer County CC		L
Sep 30, 2023	Sat	Regular Season	@ Utica Proctor	9:00 AM		Proctor Park		NL
Oct 4, 2023	Wed	Regular Season	New York Mills, Little Falls, Dolgeville @ Clinton	4:30 PM		Stadium Field		L
Oct 11, 2023	Wed	Regular Season	Canastota, Oriskany, Poland @ Westmoreland	4:30 PM		Westmoreland M S		L
Oct 14, 2023	Sat	Regular Season	@ TBD	10:00 AM		Beaver River H S		NL
Oct 21, 2023	Sat	Regular Season	@ Mount Markham	10:00 AM		HS Track		L
Oct 28, 2023	Sat	Regular Season (John Bernard Invitational @ Adirondack HS)	Waterville	9:00 AM		Adirondack HS		L
Oct 28, 2023	Sat	Regular Season (John Bernard Invitational)	Phoenix	9:00 AM		Adirondack HS		NL
Oct 28, 2023	Sat	Regular Season (John Bernard Invitational)	Remsen (Remsen/Town of Webb)	9:30 AM		TBD		NL
Oct 28, 2023	Sat	Regular Season (John Bernard Invite @ Adirondack HS )	Sandy Creek	9:30 AM		Adirondack HS		NL
Oct 28, 2023	Sat	Regular Season (John Bernard Invitational)	Notre Dame, Utica	10:15 AM		Adirondack HS		L
Oct 28, 2023	Sat	(Adirondack Invite)	Holland Patent	10:30 AM		Adirondack HS		L
Oct 28, 2023	Sat	Regular Season (Adirondack Invitational)	Clinton	TBD		Adirondack HS		L

Date: 2024-05-02