



Adirondack

(G) V Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Canastota, Remsen, West Canada Valley, Poland	4:30 PM		TBD		L
Sep 14, 2019	Sat	Regular Season (XC Invite)	Vernon-Verona-Sherrill, Whitesboro, Hilton, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica, Oneonta, Utica Proctor, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 18, 2019	Wed	Regular Season	Holland Patent, Cooperstown @ Mount Markham	5:00 PM		TBD		L
Sep 25, 2019	Wed	Regular Season	New York Mills, Little Falls, Sauquoit Valley @ Dolgeville	4:30 PM		TBD		L
Oct 2, 2019	Wed	Regular Season	Clinton, Waterville @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		L
Oct 9, 2019	Wed	Regular Season	Hamilton, Herkimer, Westmoreland @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 19, 2019	Sat	Regular Season (CSC Champion meet)	New York Mills, West Canada Valley, Poland, Sauquoit Valley, Little Falls, Dolgeville, Remsen, TBD, Clinton, Cooperstown, Herkimer, Westmoreland, Sherburne-Earlville, Hamilton, Mount Markham, Holland Patent, Oriskany, Waterville, Canastota @ TBD	12:00 PM		Kirkland Town Park		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL
Oct 26, 2019	Sat	Regular Season	Westmoreland	12:00 PM		Adirondack HS		L

Date: 2025-12-29