



Adirondack

(G) V Cross Country

Coaches:

- Ryan Jennings, Head Coach
- Nick Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 29, 2016	Sat	Regular Season	Indian River	9:00 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	South Lewis	9:15 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	@ Watertown	9:30 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	DeRuyter	9:30 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	Carthage	10:30 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	Altmar-Parish- Williamstown (APW Rebels)	10:50 AM		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	Pulaski	TBD		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season (Invitational Meet)	Marcellus	TBD		Adirondack HS		NL
Oct 29, 2016	Sat	Regular Season	South Jefferson	TBD		Adirondack HS		NL

Date: 2025-12-30