



Adirondack

(G) V Cross Country

Coaches:

- Ryan Jennings

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Remsen (Remsen/Town of Webb), Owen D. Young (Richfield/ODY) @ Mount Markham	4:30 PM		HS Track		L
Sep 16, 2023	Sat	Regular Season	@ Vernon-Verona-Sherrill	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 27, 2023	Wed	Regular Season	Sauquoit Valley, Cooperstown @ Herkimer	4:30 PM		Herkimer County CC		L
Sep 30, 2023	Sat	Regular Season	@ Utica Proctor	9:00 AM		Proctor Park		NL
Oct 4, 2023	Wed	Regular Season	New York Mills, Little Falls, Dolgeville @ Clinton	4:30 PM		Stadium Field		L
Oct 11, 2023	Wed	Regular Season	Canastota, Oriskany, Poland @ Westmoreland	4:30 PM		Westmoreland M S		L
Oct 14, 2023	Sat	Regular Season	@ TBD	10:00 AM		Beaver River H S		NL
Oct 21, 2023	Sat	Regular Season	@ Mount Markham	10:00 AM		HS Track		L

Date: 2024-05-04