



# Liverpool (G) V Volleyball

## Coaches:

- Emily Flohr, Head Coach
- Julia Flohr
- Alicia Nash

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (Tryouts)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 22, 2023	Tue	Practice (Tryouts)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 23, 2023	Wed	Practice (Tryouts)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 24, 2023	Thu	Practice (Tryouts)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 25, 2023	Fri	Practice (Tryouts)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 26, 2023	Sat	Practice	N/A	10:15 AM	12:00 PM	TBD		
Aug 28, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Aug 29, 2023	Tue	Practice	N/A	3:30 PM	6:00 PM	TBD		
Aug 30, 2023	Wed	Practice	N/A	3:30 PM	6:00 PM	TBD		
Aug 31, 2023	Thu	Practice (PRACTICE TIME TBD)	N/A	TBD		TBD		
Sep 1, 2023	Fri	Practice	N/A	10:15 AM	12:30 PM	TBD		
Sep 2, 2023	Sat	Practice	N/A	7:30 AM	9:30 AM	TBD		
Sep 4, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 5, 2023	Tue	Regular Season 3-0 W	@ Oswego	6:30 PM		Leighton Elem-David Powers Gymnasium		L
Sep 6, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 7, 2023	Thu	Regular Season	Fowler	6:00 PM		LIVERPOOL HS MAIN GYMNASIUM		L
Sep 8, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	Liverpool Morgan Road Middle Gym		
Sep 9, 2023	Sat	Practice (JV)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 11, 2023	Mon	Regular Season	Central Square	6:00 PM		LIVERPOOL HS MAIN GYMNASIUM		L
Sep 12, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Liverpool Morgan Road Middle Gym		
Sep 13, 2023	Wed	Regular Season	@ Cicero-North Syracuse	6:00 PM	8:00 PM	CNS HS-Main Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 15, 2023	Fri	Regular Season	@ Jamesville-Dewitt	6:30 PM		JD HS Main Gym		L
Sep 16, 2023	Sat	Regular Season (Victor Tournament (Rochester))	TBD	TBD		TBD		NL
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 20, 2023	Wed	Regular Season	@ Fayetteville-Manlius	6:30 PM		FM HS House 1 Gym		L
Sep 21, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 25, 2023	Mon	Regular Season (Non-League) 2-3 L	@ Westhill	6:00 PM		Westhill High School		NL
Sep 28, 2023	Thu	Regular Season	Baldwinsville	6:00 PM	7:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Sep 30, 2023	Sat	Regular Season (Balwinsville Tournaments)	TBD	TBD		Bville - Baker Gym 1&2		L
Oct 2, 2023	Mon	Regular Season	@ West Genesee	6:00 PM		WG-HS Lower Gym		L
Oct 3, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 4, 2023	Wed	Regular Season	Cicero-North Syracuse	6:00 PM		LIVERPOOL HS MAIN GYMNASIUM		L
Oct 5, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Oct 10, 2023	Tue	Regular Season	Fayetteville-Manlius	6:00 PM		LIVERPOOL HS MAIN GYMNASIUM		L
Oct 11, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 12, 2023	Thu	Regular Season	@ Fulton	6:30 PM		Bodley H S		L
CANCELLED Oct 14, 2023	Sat	Scrimmage (Scrimmage 4 way )	Fayetteville-Manlius, Cortland, Cicero-North Syracuse @ Jamesville-Dewitt	8:00 AM		JD HS Main Gym		NL
Oct 17, 2023	Tue	Regular Season (TEACHER APPRECIATION)	@ Baldwinsville	6:30 PM	8:30 PM	Bville - Baker Gym 1&2		L
Oct 19, 2023	Thu	Regular Season	West Genesee	6:00 PM		LIVERPOOL HS MAIN GYMNASIUM		L
Oct 21, 2023	Sat	Regular Season (Horseheads Tournament)	TBD	TBD		TBD		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Oct 27, 2023	Fri	Practice	N/A	6:30 PM	9:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 28, 2023	Sat	Practice	N/A	9:00 AM	12:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 1, 2023	Wed	Post-Season (Semi-Finals)	Henninger	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
TBD		Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		

Date: 2024-12-13