



# Liverpool (G) V Volleyball

## Coaches:

- Emily Flohr, Head Coach
- Julia Flohr
- Alicia Nash

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Tryouts 2024 Season)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 27, 2024	Tue	Practice (Tryouts 2024 Season)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 28, 2024	Wed	Practice (Tryouts 2024 Season)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 29, 2024	Thu	Practice (Tryouts 2024 Season)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Aug 30, 2024	Fri	Practice (Tryouts 2024 Season)	N/A	10:15 AM	12:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 3, 2024	Tue	Regular Season	Marcellus	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		NL
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Sep 5, 2024	Thu	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 6, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 7, 2024	Sat	Practice	N/A	8:00 AM	10:00 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 9, 2024	Mon	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 10, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 12, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Sep 13, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 14, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 16, 2024	Mon	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 17, 2024	Tue	Practice	N/A	3:15 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 19, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	5:30 PM	LIVERPOOL HS MAIN GYMNASIUM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Sep 21, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 23, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 24, 2024	Tue	Regular Season	Cicero-North Syracuse	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Sep 25, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 26, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Sep 27, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Sep 28, 2024	Sat	Regular Season (Victor Tournament (Rochester))	TBD	TBD		TBD		L
Sep 30, 2024	Mon	Regular Season	Fayetteville-Manlius	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Oct 5, 2024	Sat	Regular Season (Baldwinsville Tournament)	TBD	TBD		TBD		L
Oct 8, 2024	Tue	Regular Season	Henninger	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Oct 9, 2024	Wed	Practice	N/A	3:00 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Oct 10, 2024	Thu	Regular Season	Baldwinsville	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Oct 11, 2024	Fri	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 12, 2024	Sat	Regular Season (Shenendehowa Tournament )	TBD	TBD		TBD		L
Oct 14, 2024	Mon	Practice	N/A	9:00 AM	11:00 AM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 15, 2024	Tue	Regular Season	West Genesee	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Oct 16, 2024	Wed	Practice	N/A	3:00 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Oct 17, 2024	Thu	Regular Season 3-0 W	Westhill	6:00 PM	8:30 PM	LIVERPOOL HS MAIN GYMNASIUM		NL
Oct 21, 2024	Mon	Practice	N/A	3:15 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Oct 22, 2024	Tue	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 23, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 25, 2024	Fri	Practice	N/A	5:00 PM	8:00 PM	Liverpool Morgan Road Middle Gym		
Oct 26, 2024	Sat	Practice	N/A	7:00 AM	4:00 PM	Liverpool Morgan Road Middle Gym		
Oct 28, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 29, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 29, 2024	Tue	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Oct 30, 2024	Wed	Practice	N/A	3:00 PM	5:30 PM	Liverpool Morgan Road Middle Gym		
Oct 31, 2024	Thu	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 1, 2024	Fri	Practice	N/A	5:00 PM	7:30 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 1, 2024	Fri	Practice	N/A	5:15 PM	7:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 2, 2024	Sat	Practice	N/A	6:00 AM	10:00 AM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 4, 2024	Mon	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 5, 2024	Tue	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 6, 2024	Wed	Practice	N/A	3:00 PM	5:15 PM	LIVERPOOL HS MAIN GYMNASIUM		
Nov 6, 2024	Wed	Post-Season (Sectional Semi Finals)	Cicero-North Syracuse	6:00 PM	8:00 PM	LIVERPOOL HS MAIN GYMNASIUM		L

Date: 2024-12-13