

## Coaches:

- Madison Hall, Head Coach
- Ashleigh ReinhardtMikayla Bonner

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 22, 2023	Tue	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS Pool		
Aug 24, 2023	Thu	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS Pool		
Aug 28, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	LIVERPOOL HS Pool		
Aug 29, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	LIVERPOOL HS Pool		
Aug 30, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	LIVERPOOL HS Pool		
Aug 31, 2023	Thu	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS Pool		
CANCELLED Sep 4, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS Pool		
Sep 5, 2023	Tue	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Sep 6, 2023	Wed	Regular Season	Baldwinsville	5:00 PM	7:00 PM	LIVERPOOL HS Pool		L
Sep 7, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 8, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 11, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 12, 2023	Tue	Regular Season	@ Cicero-North Syracuse	6:00 PM	8:00 PM	Nottingham Pool		L
Sep 13, 2023	Wed	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 14, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 15, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 16, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Sep 18, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 19, 2023	Tue	Regular Season	@ Skaneateles	5:15 PM		Skaneateles Community Center		NL
Sep 20, 2023	Wed	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 21, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 22, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 23, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 25, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 26, 2023	Tue	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 27, 2023	Wed	Regular Season	Fayetteville- Manlius	5:00 PM		LIVERPOOL HS Pool		L
Sep 28, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 29, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Sep 30, 2023	Sat	Regular Season (Webster Yeti SWIM Meet)	TBD	9:30 AM		Webster Central School District - Aquatic Center		L
Sep 30, 2023	Sat	Regular Season (Burgos Diving Invitational)	@ TBD	TBD		Nottingham High School Pool		NL
Oct 2, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 4, 2023	Wed	Regular Season	@ Oswego	5:00 PM		Mexico HS-Pool		L
Oct 5, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 6, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 7, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Oct 9, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 10, 2023	Tue	Regular Season	<ul><li>@ Christian</li><li>Brothers</li><li>Academy, Dewitt</li></ul>	TBD		CBA - Lemoyne Swimming Pool		L
Oct 11, 2023	Wed	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 12, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 13, 2023	Fri	Regular Season (Salt City Sprint Inv)	@ TBD	TBD		Nottingham High School Pool		NL
Oct 14, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Oct 14, 2023	Sat	Regular Season (Salt City Dive Inv)	@ TBD	TBD		Nottingham High School Pool		NL
Oct 16, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 17, 2023	Tue	Regular Season	West Genesee	5:00 PM		LIVERPOOL HS Pool		L
Oct 18, 2023	Wed	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 19, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 20, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 20, 2023	Fri	Regular Season (One Last Chance Meet)	@ TBD	TBD		Nottingham High School Pool		NL
Oct 21, 2023	Sat	Practice	N/A	7:00 AM	AM	LIVERPOOL HS Pool		
Oct 23, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		

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Oct 24, 2023	Tue	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 25, 2023	Wed	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 26, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 27, 2023	Fri	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 28, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	LIVERPOOL HS Pool		
Oct 28, 2023	Sat	Regular Season (Sectional Diving)	@ TBD	TBD		Nottingham High School Pool		NL
Oct 30, 2023	Mon	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 31, 2023	Tue	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Oct 31, 2023	Tue	Regular Season (State Qualifier)	@ TBD	TBD		Nottingham High School Pool		NL
Nov 1, 2023	Wed	Regular Season (Sectional Swimming)	@ TBD	TBD		Nottingham High School Pool		NL
Nov 2, 2023	Thu	Practice	N/A	4:45 PM	6:45 PM	LIVERPOOL HS Pool		
Nov 3, 2023	Fri	Regular Season (State Qualifier Swimming)	@ TBD	TBD		Nottingham High School Pool		NL
Nov 4, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	LIVERPOOL HS Pool		

Date: 2025-12-19