



Liverpool

(B) V Wrestling

Coaches:

- Trevor Allard, Head Coach
- Christopher Pelligra
- Nathan Howard
- Jacob Ianno

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 14, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 15, 2023	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 16, 2023	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 17, 2023	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 18, 2023	Sat	Practice (Weight Certifications at Fayetteville Manlius JV & Varsity)	N/A	9:00 AM	3:00 PM	TBD	Departure Point: Liverpool High School Departure Date: Nov 18, 2023 Departure Time: 8:40 AM Return Date: Nov 18, 2023 Return Time: 12:00 PM	
Nov 20, 2023	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 21, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 22, 2023	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	9:30 AM	TBD		
Nov 27, 2023	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 28, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 29, 2023	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Nov 30, 2023	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Dec 1, 2023	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Dec 2, 2023	Sat	Practice	N/A	8:00 AM	9:30 AM	TBD		
Dec 4, 2023	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Dec 5, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Dec 6, 2023	Wed	Regular Season	@ Fayetteville-Manlius	6:00 PM	8:00 PM	FM HS House 2 Gym		L
Dec 7, 2023	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Dec 8, 2023	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 9, 2023	Sat	Regular Season (Valley Duals Tournament - Ilion)	TBD	TBD		TBD			L
Dec 11, 2023	Mon	Regular Season	Baldwinsville	6:30 PM	9:00 PM	LIVERPOOL HS MAIN GYMNASIUM			L
Dec 12, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 13, 2023	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 14, 2023	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 15, 2023	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 16, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	TBD			
Dec 18, 2023	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 19, 2023	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 20, 2023	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 20, 2023	Wed	Regular Season	Cicero-North Syracuse	6:30 PM		LIVERPOOL HS MAIN GYMNASIUM			L
Dec 21, 2023	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 22, 2023	Fri	Regular Season (Mark Cody Duals Binghamton)	TBD	TBD		TBD	Bus/Driver: AT-2206	Departure Time: 5:30 AM	NL
Dec 26, 2023	Tue	Practice (Varsity)	N/A	10:00 AM	12:00 PM	TBD			
Dec 27, 2023	Wed	Practice (Varsity)	N/A	10:00 AM	12:00 PM	TBD			
Dec 28, 2023	Thu	Practice	N/A	10:00 AM	12:00 PM	TBD			
Dec 29, 2023	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Dec 29, 2023	Fri	Regular Season (Haines Memorial Wrestling Tournament - Oswego State)	TBD	TBD		TBD			L
Dec 30, 2023	Sat	Regular Season (Haines Memorial Wrestling Tournament - Oswego State)	TBD	TBD		TBD			NL
Jan 2, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 3, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 4, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 5, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 6, 2024	Sat	Regular Season (Fallen Heroes Tournament)	Fabius-Pompey (Southern Hills), Cicero-North Syracuse, Baldwinsville, East Syracuse Minoa, South Jefferson, South Lewis, Ogdensburg @ Canastota	9:30 AM	6:00 PM	Dimao Gym, Laidlaw Gym	Bus/Driver: AT-2301	Departure Time: 6:00 AM	NL
Jan 8, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 9, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 10, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 11, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 12, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 13, 2024	Sat	Regular Season (Mid Winter Classic)	Canton, Carthage, Chenango Valley, Cicero-North Syracuse, Jamesville-Dewitt (JD/CBA/Solvay), Rome Free Academy, Syracuse City (Syracuse City), Tunkhannock, West Genesee, Central Square @ Phoenix	9:00 AM	5:00 PM	JCB Gym			NL
Jan 13, 2024	Sat	Regular Season (Phoenix Mid Winter Tournament)	TBD	TBD		TBD			L
Jan 15, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 16, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 17, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 17, 2024	Wed	Regular Season	West Genesee	6:30 PM		LIVERPOOL HS MAIN GYMNASIUM			L
Jan 18, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 19, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD			
Jan 20, 2024	Sat	Regular Season (Akley Duals (Tournament))	East Syracuse Minoa, Mexico, Fabius-Pompey (Southern Hills), Phoenix @ Oswego	8:00 AM	8:00 PM	Oswego HS- Old Gym, Oswego HS- New Gym			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION / NON-LEAGUE	LEAGUE
Jan 22, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 23, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 24, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 24, 2024	Wed	Regular Season	@ Altmar-Parish-Williamstown (APW/Pulaski)	6:00 PM	8:00 PM	A-P-W Elementary School		L
Jan 25, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 25, 2024	Thu	Regular Season	@ Syracuse City (Syracuse City)	6:30 PM	8:15 PM	PSLA @ Fowler High School-Event Entry Doors		NL
Jan 26, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 29, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 30, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Jan 31, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 1, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 2, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 5, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 6, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 7, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 8, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 9, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 12, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 13, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 14, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 15, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 16, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 19, 2024	Mon	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 20, 2024	Tue	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 21, 2024	Wed	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 22, 2024	Thu	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		
Feb 23, 2024	Fri	Practice (Varsity)	N/A	5:00 PM	7:00 PM	TBD		

