

Coaches:

- Michael Cabrinha, Head Coach
- Nicholas Pallotta, Asst Coach
- Noah Brown

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 30, 2023	Thu	Regular Season (Jack Morse kickoff Meet)	TBD	4:30 PM		Onondaga Community College			L
Dec 6, 2023	Wed	Regular Season (Oscar Jensen Memorial Relays)	TBD	4:30 PM		Onondaga Community College			L
Dec 16, 2023	Sat	Regular Season (George Constatino Memorial)	TBD	9:30 AM		Onondaga Community College			L
Dec 22, 2023	Fri	Regular Season (Westhill Invite)	TBD	4:00 PM		Onondaga Community College	Bus/Driver: AT-2261	Departure Time: 2:30 PM	L
Dec 22, 2023	Fri	Meet (WESTHILL INDOOR TRACK AND FIELD INVITATIONAL)	Vs. Multiple	4:00 PM		TBD			NL
Jan 6, 2024	Sat	Regular Season (John Arcaro Memorial)	TBD	9:00 AM		Onondaga Community College	Bus/Driver: AT-2290	Departure Time: 7:45 PM	L
Jan 13, 2024	Sat	Regular Season (Fred Kirshenheiter Memorial)	TBD	3:00 PM		Onondaga Community College			L
Jan 13, 2024	Sat	Regular Season (Jack Reed High School Showcase (Nazareth))	TBD	TBD		TBD			L
Jan 19, 2024	Fri	Regular Season (Bob Grieve Memorial)	TBD	4:30 PM		Onondaga Community College			L
Feb 1, 2024	Thu	Regular Season (League Championships SCAC)	TBD	4:30 PM		Onondaga Community College			L
Feb 6, 2024	Tue	Regular Season (Sectional Championships)	TBD	4:30 PM		Onondaga Community College			L
Feb 14, 2024	Wed	Regular Season (Section 3 State Qualifier)	TBD	4:30 PM		Onondaga Community College			L
Mar 2, 2024	Sat	Regular Season (NYSPHSAA Championships)	TBD	9:00 AM		Ocean Breeze, Staten Island			L

Date: 2024-04-28