

Coaches:

- Claire Donovan, Head Coach
- Ashleigh Reinhardt, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|-------------------|---|---------------|-------------|----------------------|----------------|----------------------------|
| Jan 9, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 11, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 12, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 13, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 16, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 17, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 19, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 23, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 24, 2023 | Tue | Regular Season | Oswego | 5:00 PM | | LIVERPOOL HS Pool | | L |
| Jan 24, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 25, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Jan 27, 2023 | Fri | Practice | N/A | 2:00 PM | 3:30 PM | LIVERPOOL HS Pool | | |
| Jan 30, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 1, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 3, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 6, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 7, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 8, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 9, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| CANCELLED Feb 10, 2023 | Fri | Regular Season | @ Jamesville-Dewitt | 5:00 PM | | JD MS Pool | | L |
| Feb 10, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 13, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 14, 2023 | Tue | Regular Season | Syracuse City (Syracuse City) | 5:00 PM | | LIVERPOOL HS Pool | | L |
| Feb 14, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 15, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 16, 2023 | Thu | | Fayetteville-Manlius (Modified Boys Swim) | 5:00 PM | | LIVERPOOL HS Pool | | L |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|-------------------|--|---------------|-------------|----------------------------------|----------------|----------------------------|
| Feb 20, 2023 | Mon | Practice | N/A | 8:00 AM | 9:30 AM | LIVERPOOL HS Pool | | |
| Feb 21, 2023 | Tue | Practice | N/A | 8:00 AM | 9:30 AM | LIVERPOOL HS Pool | | |
| Feb 22, 2023 | Wed | Practice | N/A | 8:00 AM | 9:30 AM | LIVERPOOL HS Pool | | |
| Feb 23, 2023 | Thu | Practice | N/A | 8:00 AM | 9:30 AM | LIVERPOOL HS Pool | | |
| Feb 24, 2023 | Fri | Practice | N/A | 8:00 AM | 9:30 AM | LIVERPOOL HS Pool | | |
| Feb 27, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Feb 28, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 1, 2023 | Wed | Regular Season | Mexico | 5:00 PM | | LIVERPOOL HS Pool | | NL |
| Mar 1, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| POSTPONED Mar 2, 2023 | Thu | Regular Season | West Genesee | 5:00 PM | | LIVERPOOL HS Pool | | L |
| Mar 2, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 3, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 6, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 7, 2023 | Tue | Regular Season | Weedsport, Cicero-North Syracuse, Fayetteville-Manlius (Modified Boys Swim), Jamesville-Dewitt, Auburn @ Nottingham (Syracuse) | 5:00 PM | 7:00 PM | Nottingham High School (Pool) | | L |
| Mar 8, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 9, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 10, 2023 | Fri | Regular Season | @ Auburn | 5:30 PM | | Auburn - YMCA Pool | | L |
| Mar 10, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 13, 2023 | Mon | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| POSTPONED Mar 14, 2023 | | Regular Season | Baldwinsville | 5:00 PM | 7:00 PM | LIVERPOOL HS Pool | | L |
| POSTPONED Mar 14, 2023 | Tue | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 15, 2023 | Wed | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 16, 2023 | Thu | Regular Season | Jamesville-Dewitt | 5:00 PM | | LIVERPOOL HS Pool | | L |
| Mar 16, 2023 | Thu | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |
| Mar 17, 2023 | Fri | Practice | N/A | 5:30 PM | 7:00 PM | LIVERPOOL HS Pool | | |

Date: 2024-05-19