

## Coaches:

- Tracy Vannatta, Head Coach
- Nathan Howard, Asst CoachEmily Flohr, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 4, 2023	Tue	Meet (Westhill Spring Break Invitational)	Vs. Multiple	1:00 PM		Westhill High School Track		NL
Apr 12, 2023	Wed	Regular Season	Corcoran @ Henninger	4:30 PM		Henninger Stadium		L
Apr 19, 2023	Wed	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker P/A Stadium TRACK		L
Apr 26, 2023	Wed	Regular Season	West Genesee, Nottingham	4:30 PM	9:00 PM	LIVERPOOL HS STADIUM		L
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium		NL
May 6, 2023	Sat	Regular Season (MEET Hilton High School)	@ TBD	4:30 PM		TBD		L
May 10, 2023	Wed	Regular Season	Fayetteville-Manlius @ Cicero-North Syracuse	4:30 PM	8:45 PM	CNS HS- Bragman Stadium		L
May 12, 2023	Fri	Regular Season (Meet B'ville John Arcaro Classic)	@ TBD	4:30 PM		TBD		L
May 18, 2023	Thu	Post-Season (SCAC Metro)	Fayetteville-Manlius, Cicero-North Syracuse, West Genesee, Corcoran, Henninger, Nottingham @ Baldwinsville	5:00 PM	8:00 PM	Bville - Baker P/A Stadium TRACK		L
TBD		Practice (Practice is every day after school from 3-5, 5:30. Weekend practice will vary by discipline.)	N/A	TBD		TBD		

Date: 2025-12-19