



Liverpool

(B) V Cross Country

Coaches:

- Tracy Vannatta, Head Coach
- Andrew Dionne, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Practice @ Willowbay Pavilion OLP)	N/A	7:30 AM	10:00 AM	TBD		
Aug 23, 2022	Tue	Practice (Practice @ OLP Willowbay)	N/A	7:30 AM	10:00 AM	TBD		
Aug 23, 2022	Tue	Practice (Practice-LHS)	N/A	4:00 PM	5:30 PM	TBD		
Aug 24, 2022	Wed	Practice (Practice @ OLP)	N/A	7:30 AM	10:00 AM	TBD		
Aug 25, 2022	Thu	Practice (Practice @ OLP Willowbay)	N/A	7:30 AM	9:45 AM	TBD		
Aug 25, 2022	Thu	Practice (Practice-LHS)	N/A	4:00 PM	5:30 PM	TBD		
CANCELLED Aug 26, 2022	Fri	Practice (Practice @ OLP Boathouse)	N/A	7:30 AM	10:15 AM	TBD		
Aug 27, 2022	Sat	Practice (Practice Vanburen Park)	N/A	9:00 AM	11:15 AM	TBD		
Aug 29, 2022	Mon	Practice (Practice @ OLP Boathouse)	N/A	7:30 AM	10:15 AM	TBD		
Aug 30, 2022	Tue	Practice (Practice @ Longbranch Park)	N/A	7:30 AM	10:00 AM	TBD		
Aug 30, 2022	Tue	Practice (Practice-LHS)	N/A	4:00 PM	5:30 PM	TBD		
Aug 31, 2022	Wed	Practice (Practice @Longbranch Park)	N/A	7:30 AM	10:15 AM	TBD		
Sep 1, 2022	Thu	Practice (Practice @ Willowbay)	N/A	7:30 AM	9:45 AM	TBD		
Sep 1, 2022	Thu	Practice (Practice-LHS)	N/A	4:00 PM	5:30 PM	TBD		
Sep 2, 2022	Fri	Practice (Practice @ Willowbay Pavilion OLP)	N/A	7:30 AM	10:00 AM	TBD		
Sep 3, 2022	Sat	Practice (Practice Vanburen Park)	N/A	9:00 AM	11:15 AM	TBD		
Sep 5, 2022	Mon	Practice (Practice Green Lakes)	N/A	7:45 AM	10:30 AM	TBD		
Sep 6, 2022	Tue	Practice (Practice-Longbranch park)	N/A	3:00 PM	5:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (VVS Invite)	TBD	TBD		Vernon- Verona Sherrill HS		NL
Sep 14, 2022	Wed	Regular Season	Cicero-North Syracuse	4:30 PM		Liverpool Long Branch Park		L
Sep 16, 2022	Fri	Regular Season (VVS Invite)	TBD	TBD		Vernon- Verona Sherrill HS		L
Sep 21, 2022	Wed	Regular Season	Henninger (Henninger) @ Fayetteville-Manlius	4:30 PM		FM Cross Country		L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invite)	TBD	TBD		Baldwinsville Durgee Jr HS		NL
Sep 28, 2022	Wed	Regular Season	Baldwinsville	4:30 PM	5:00 PM	Liverpool Long Branch Park		L
Oct 1, 2022	Sat	Regular Season (McQuaid Invite)	TBD	TBD		TBD		NL
Oct 5, 2022	Wed	Regular Season	Nottingham (Nottingham) @ West Genesee	4:30 PM		TBD		L
Oct 8, 2022	Sat	Regular Season (Manhattan Invit)	TBD	TBD		TBD		NL
Oct 15, 2022	Sat	Regular Season (Tully Invite)	TBD	TBD		Tully HS		NL
Oct 19, 2022	Wed	Regular Season (SCAC League Meet)	Cicero-North Syracuse, Nottingham (Nottingham), Henninger (Henninger), Fayetteville-Manlius, West Genesee, East Syracuse Minoa, Central Square, Fulton, Oswego, Auburn, Cortland, Jamesville-Dewitt, Corcoran (Syracuse West) @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgee Cross Country Trail, Bville - Durgee JHS Gym		L

Date: 2025-12-06