

Coaches:

- Tracy Vannatta, Head Coach
- Andrew Dionne, Volunteer

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 21, 2020	Mon	Practice (XC Practice LHS)	N/A	3:30 PM	5:30 PM	TBD		
Sep 22, 2020	Tue	Practice (XC Practice LHS)	N/A	3:30 PM	5:30 PM	TBD		
Sep 23, 2020	Wed	Practice (Practice at Longbranch park)	N/A	3:30 PM	5:45 PM	TBD		
Sep 24, 2020	Thu	Practice (XC Practice LHS)	N/A	3:30 PM	5:30 PM	TBD		
Sep 25, 2020	Fri	Practice (XC Practice LHS)	N/A	3:30 PM	5:30 PM	TBD		
Oct 12, 2020	Mon	Regular Season	West Genesee	9:00 AM	9:25 AM	Liverpool Long Branch Park		L
Oct 14, 2020	Wed	Regular Season	Oswego @ East Syracuse Minoa	5:00 PM		ESM Kirkville Rd. Field		L
Oct 17, 2020	Sat	Regular Season (Tully "Mini Meet")	Westhill, Skaneateles @ Tully	2:00 PM		Tully XC Course		NL
Oct 21, 2020	Wed	Regular Season	@ Auburn	5:00 PM		Auburn - Holland Stadium (Turf)		L
Oct 24, 2020	Sat	Regular Season	Cicero-North Syracuse	9:00 AM	9:25 AM	Liverpool Long Branch Park		L
Oct 31, 2020	Sat	Regular Season	@ Fayetteville-Manlius	9:00 AM		FM Cross Country		L
Nov 7, 2020	Sat	Regular Season	@ Baldwinsville	2:00 PM	3:00 PM	Bville - Durgee Cross Country Trail		L
CANCELLED Nov 14, 2020	Sat	Regular Season (Metro top 7 only)	Fayetteville-Manlius, Cicero-North Syracuse, West Genesee, Baldwinsville	10:00 AM	10:25 AM	Liverpool Long Branch Park		L

Date: 2025-12-05