



Liverpool

(B) V Cross Country

Coaches:

- Tracy Vannatta, Head Coach
- Andrew Dionne, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2019	Wed	Regular Season	Cicero-North Syracuse, Henninger (Henninger)	4:30 PM		Liverpool Long Branch Park		L
Sep 7, 2019	Sat	Regular Season (Invitational - Varsity Only)	@ Vernon-Verona-Sherrill	8:00 AM		Cross Country Course		L
Sep 11, 2019	Wed	Regular Season	Nottingham (Nottingham)	4:30 PM		Liverpool Long Branch Park		L
Sep 18, 2019	Wed	Regular Season	@ West Genesee	4:30 PM		TBD		L
Sep 25, 2019	Wed	Regular Season	Fayetteville-Manlius @ Baldwinsville	4:30 PM	5:30 PM	Bville - Durgee Cross Country Trail		L
Sep 28, 2019	Sat	Regular Season (Invitational)	@ McQuaid Jesuit	8:00 AM		McQuaid Jesuit HS		L
Oct 10, 2019	Thu	Practice (Manhattan College Cross Country Invitational-Top 12 ONLY)	N/A	8:00 AM	5:00 PM	Manhattan College		
Oct 11, 2019	Fri	Practice (Manhattan College Cross Country Invitational-Top 12 ONLY)	N/A	8:00 AM	5:00 PM	Manhattan College		
Oct 16, 2019	Wed	Regular Season (SCAC League Championships)	West Genesee, Cicero-North Syracuse, Central Square, Auburn, Oswego, Nottingham (Nottingham), Jamesville-Dewitt, Fulton, Cortland, Henninger (Henninger), Fayetteville-Manlius, East Syracuse Minoa, Fowler (Syracuse West) @ Baldwinsville	4:30 PM	7:00 PM	Bville - Durgee Cross Country Trail		L
Oct 19, 2019	Sat	Regular Season (Weedsport Invitational)	DeRuyter, Beaver River, Corcoran (Syracuse West), Phoenix @ Weedsport	9:00 AM		Weedsport Jr.-Sr. High School		NL

Date: 2025-12-05