



Liverpool

(G) 7/8TH Cross Country

Coaches:

- Gregory Hamilton

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2024	Wed	Practice (Practice at LMS; Meet at flagpole)	N/A	8:00 AM	9:30 AM	TBD		
Aug 29, 2024	Thu	Practice (Practice at LMS; Meet at flagpole)	N/A	8:00 AM	9:30 AM	TBD		
Aug 30, 2024	Fri	Practice (Practice at LMS; Meet at flagpole)	N/A	8:00 AM	9:30 AM	TBD		
Sep 3, 2024	Tue	Practice (Practice at LMS; Meet at flagpole)	N/A	3:30 PM	5:15 PM	TBD		
Sep 4, 2024	Wed	Practice (Practice at LMS; Meet at flagpole)	N/A	3:30 PM	5:15 PM	TBD		
Sep 5, 2024	Thu	Practice (Practice at LMS; Meet at flagpole)	N/A	3:30 PM	5:15 PM	TBD		
Sep 6, 2024	Fri	Practice (Practice at LMS; Meet at flagpole)	N/A	3:30 PM	5:15 PM	TBD		
Sep 9, 2024	Mon	Practice (Practice at LMS)	N/A	3:30 PM	5:15 PM	TBD		
Sep 10, 2024	Tue	Practice (Practice at LMS)	N/A	3:30 PM	5:15 PM	TBD		
Sep 12, 2024	Thu	Practice (Practice at LMS)	N/A	3:30 PM	5:15 PM	TBD		
Sep 13, 2024	Fri	Practice (Practice at LMS)	N/A	3:30 PM	5:15 PM	TBD		
Sep 14, 2024	Sat	Regular Season (ESM Invite)	TBD	8:00 AM		Pine Grove MS		L
Sep 17, 2024	Tue	Regular Season	Corcoran (Syracuse West)	4:45 PM		Liverpool Long Branch Park		L
Sep 17, 2024	Tue	Regular Season	West Genesee, Corcoran (Syracuse West)	5:30 PM		Liverpool Long Branch Park		L
Sep 25, 2024	Wed	Regular Season	@ Baldwinsville	5:45 PM	6:00 PM	Bville - Durgee Cross Country Trail		L
Oct 2, 2024	Wed	Regular Season	Fayetteville-Manlius	4:45 PM		Liverpool Long Branch Park		L
POSTPONED Oct 16, 2024	Wed	Regular Season	TBD	5:45 PM		Liverpool Long Branch Park		L
Oct 19, 2024	Sat	Regular Season (Marcellus XC Invitational)	TBD	TBD		Marcellus Park		L

Date: 2025-12-05