

Red Hook

(G) V Swimming/Diving

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|--|------------|----------|--------------|----------------|---------------------|
| Sep 7, 2024 | Sat | Regular Season | Our Lady of Lourdes, Beacon, Kingston, Middletown, Monroe-Woodbury, Pine Bush, Valley Central, Washingtonville, Wallkill @ Newburgh HS | 12:00 PM | | Newburgh HS | | NL |
| Sep 19, 2024 | Thu | Regular Season | Our Lady of Lourdes | 4:30 PM | | Bard College | | L |

Date: 2026-01-01