

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|------------------------------|----------------|---------------------|
| Dec 2, 2022 | Fri | Regular Season (Columbia Blue Devils Wrestling DUALS Tournament) | Whitehall (Whitehall), Tamarac, Ichabod Crane, Beekmantown, Guilderland High School, Maple Hill, Schalmont, Berne-Knox-Westerlo, Christian Brothers Academy, Albany @ Columbia High School | 4:30 PM | 9:00 PM | Columbia H.S. | | NL |
| Dec 3, 2022 | Sat | Regular Season (Ballston Spa Dual Meet Tournament) | TBD, Tamarac, Whitehall (Whitehall), Ichabod Crane, Beekmantown, Guilderland High School, Maple Hill, Schalmont, Berne-Knox-Westerlo, Watervliet, Christian Brothers Academy, Albany @ Ballston Spa High School | 7:00 AM | | Ballston Spa High School Gym | | NL |
| Jan 10, 2023 | Tue | Regular Season (Sec IX Dual Meet) | Hyde Park | 5:00 PM | | Newburgh Free Academy | | L |
| Jan 28, 2023 | Sat | Regular Season (Newburgh Duals) | Colonie High School | TBD | | Newburgh HS | | L |

Date: 2024-06-01