



Little Falls

(B) 7/8TH Cross Country

Coaches:

- Christina Martyniuk

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Scrimmage	Little Falls @ West Canada Valley	4:30 PM		TBD			NL
Sep 18, 2024	Wed	Regular Season	@ Cooperstown (Modified)	4:30 PM		Clarks Tower	Class Dismissal: 2:30 PM	Departure Date: Sep 18, 2024 Departure Time: 2:45 PM	L
Sep 25, 2024	Wed	Regular Season	@ Sauquoit Valley	4:30 PM		Town Park	Class Dismissal: 2:20 PM	Departure Time: 2:30 PM	L
Sep 28, 2024	Sat	Regular Season (E.J. Herrmann Invitational)	Little Falls @ TBD	9:15 AM		Proctor Park			NL
Oct 2, 2024	Wed	Regular Season	@ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS	Class Dismissal: 2:15 PM	Departure Time: 2:25 PM	L
Oct 9, 2024	Wed	Regular Season	Owen D. Young (Richfield/ODY), West Canada Valley, Westmoreland	4:30 PM		Little Falls HS			L
Oct 16, 2024	Wed	Regular Season	Adirondack, Poland @ Remsen (Remsen)	4:30 PM		Remsen Jr/Sr H.S.		Departure Time: 3:15 PM	L

Date: 2026-02-08