



Little Falls

(B) 7/8TH Cross Country

Coaches:

- Christina Martyniuk

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Sauquoit Valley, Oriskany, Dolgeville, West Canada Valley @ Westmoreland	4:30 PM		Westmoreland M S	Class Dismissal: 2:50 PM	Departure Time: 3:00 PM	L
Sep 16, 2023	Sat	Regular Season (Invitational)	@ Fort Plain	9:00 AM		H.H. Hoag Elementary School - Fort Plain		Departure Time: 7:45 AM	L
Sep 20, 2023	Wed	Regular Season	Mount Markham, Dolgeville, Poland @ Cooperstown (Modified)	4:00 PM		Clarks Tower	Class Dismissal: 2:45 PM	Departure Time: 2:50 PM	L
Sep 27, 2023	Wed	Regular Season	Hamilton, Dolgeville, Sherburne-Earlville, Canastota, Remsen (Remsen/Town of Webb)	4:30 PM		Little Falls HS			L
Sep 30, 2023	Sat	Regular Season (Invitational)	@ TBD	9:30 AM		Proctor Park		Departure Time: 8:30 AM	L
Oct 4, 2023	Wed	Regular Season	Adirondack, New York Mills, Dolgeville @ Clinton	4:30 PM		Stadium Field	Class Dismissal: 2:30 PM	Departure Time: 2:40 PM	L
Oct 7, 2023	Sat	Regular Season (Invitational)	@ Whitesboro	9:10 AM	12:00 PM	Deerfield Town Wilderness Park		Departure Time: 7:30 AM	L
Oct 11, 2023	Wed	Regular Season	Waterville, Herkimer, Owen D. Young (Richfield/ODY), Dolgeville	4:30 PM		Little Falls HS			L
Oct 14, 2023	Sat	Regular Season (Invitational)	@ Rome Free Academy	11:00 AM		Rome Free Academy H S		Departure Time: 9:45 AM	L
Oct 21, 2023	Sat	Post-Season (CSC League Meet)	@ TBD	10:00 AM		HS Track		Departure Time: 8:15 AM	L

Date: 2024-04-29