



# Little Falls

## (B) 7/8TH Cross Country

### Coaches:

- Christina Martyniuk

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Sauquoit Valley, Oriskany, Dolgeville, West Canada Valley @ Westmoreland	4:30 PM		Westmoreland M S	<b>Class Dismissal:</b> 2:50 PM	<b>Departure Time:</b> 3:00 PM	L
Sep 16, 2023	Sat	Regular Season (Invitational)	@ Fort Plain	9:00 AM		H.H. Hoag Elementary School - Fort Plain		<b>Departure Time:</b> 7:45 AM	L
Sep 20, 2023	Wed	Regular Season	Mount Markham, Dolgeville, Poland @ Cooperstown (Modified)	4:00 PM		Clarks Tower	<b>Class Dismissal:</b> 2:45 PM	<b>Departure Time:</b> 2:50 PM	L
Sep 30, 2023	Sat	Regular Season (Invitational)	@ TBD	9:30 AM		Proctor Park		<b>Departure Time:</b> 8:30 AM	L
Oct 4, 2023	Wed	Regular Season	Adirondack, New York Mills, Dolgeville @ Clinton	4:30 PM		Stadium Field	<b>Class Dismissal:</b> 2:30 PM	<b>Departure Time:</b> 2:40 PM	L
Oct 7, 2023	Sat	Regular Season (Invitational)	@ Whitesboro	9:10 AM	12:00 PM	Deerfield Town Wilderness Park		<b>Departure Time:</b> 7:30 AM	L
Oct 14, 2023	Sat	Regular Season (Invitational)	@ Rome Free Academy	11:00 AM		Rome Free Academy H S		<b>Departure Time:</b> 9:45 AM	L
Oct 21, 2023	Sat	Post-Season (CSC League Meet)	@ TBD	10:00 AM		HS Track		<b>Departure Time:</b> 8:15 AM	L

Date: 2024-04-26