



Little Falls

(B) V Cross Country

Coaches:

- Chris Toher

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Scrimmage	Little Falls @ West Canada Valley	4:30 PM		TBD		Departure Date: Sep 11, 2024 Departure Time: 3:30 PM	NL
Sep 18, 2024	Wed	Regular Season	Mount Markham, Dolgeville, New York Mills @ Cooperstown (Cooperstown/Milford)	4:30 PM		Clarks Tower	Class Dismissal: 2:30 PM	Departure Time: 2:45 PM	L
Sep 25, 2024	Wed	Regular Season	Clinton, Herkimer @ Sauquoit Valley	4:30 PM		Town Park		Departure Time: 3:15 PM	L
Sep 28, 2024	Sat	Regular Season (E.J. Herrmann Invitational)	Little Falls @ TBD	9:15 AM		Proctor Park		Departure Time: 8:00 AM	NL
Oct 2, 2024	Wed	Regular Season	Hamilton, Canastota, Waterville @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS	Class Dismissal: 2:15 PM	Departure Time: 2:25 PM	L
Oct 5, 2024	Sat	Regular Season (Whitesboro XC Invitational)	Holland Patent, Cooperstown (Cooperstown/Milford), Mount Markham, Clinton, Oswego, Notre Dame, Utica, Beaver River, DeRuyter, Central Valley Academy, Poland, Remsen (Remsen) @ Whitesboro	9:00 AM	6:30 PM	Deerfield Town Wilderness Park		Departure Time: 7:30 AM	NL
Oct 9, 2024	Wed	Regular Season	West Canada Valley, Westmoreland	4:30 PM		Little Falls HS			L
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		Departure Time: 7:30 AM	NL
Oct 16, 2024	Wed	Regular Season	Adirondack, Poland @ Remsen (Remsen)	4:30 PM		Remsen Jr/Sr H.S.		Departure Time: 3:15 PM	L
Oct 19, 2024	Sat	Regular Season (Fort Plain Invitational)	@ Fort Plain	9:00 AM		Fort Plain HS		Departure Time: 7:30 AM	NL
Oct 26, 2024	Sat	Regular Season (Center State Conference Championships)	Adirondack, Canastota, Clinton, Sherburne-Earlville, Mount Markham, Waterville, Sauquoit Valley, Cooperstown (Cooperstown/Milford), Herkimer, Dolgeville, Poland, Town of Webb UFSD (Town of Webb), New York Mills, Hamilton, West Canada Valley @ Westmoreland	12:00 PM		Westmoreland H S		Departure Time: 8:00 AM	L
Nov 9, 2024	Sat	Post-Season (Class C Sectionals at Mt. Markham)	TBD	10:00 AM		Mt. Markham High School		Departure Time: 8:00 AM	NL

Date: 2026-05-08