



Little Falls

(B) V Cross Country

Coaches:

- Chris Toher

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--------------------------------|---------------------------------|--------------------------------|---------------------|
| Sep 11, 2019 | Wed | Regular Season | Dolgeville, Sherburne-Earlville, Hamilton, Oriskany @ Cooperstown (Cooperstown/Milford) | 5:00 PM | | Clarks Tower | Class Dismissal: 2:20 PM | Departure Time: 2:30 PM | L |
| Sep 18, 2019 | Wed | Regular Season | Dolgeville, Waterville, Canastota, Westmoreland | 4:30 PM | | Little Falls HS | | | L |
| Sep 25, 2019 | Wed | Regular Season | Adirondack, Sauquoit Valley, New York Mills @ Dolgeville | 4:30 PM | | Dolgeville HS | | Departure Time: 3:30 PM | L |
| Sep 28, 2019 | Sat | Regular Season (E.J. Herrmann Invitationals - Utica) | @ TBD | TBD | | TBD | | Departure Time: 7:30 AM | NL |
| Oct 2, 2019 | Wed | Regular Season | Holland Patent, Dolgeville, Herkimer, Town of Webb UFSD (Remsen/Town of Webb) @ Remsen (Remsen/Town of Webb) | 4:30 PM | | Remsen Jr/Sr H.S. | Class Dismissal: 2:30 PM | Departure Time: 2:45 PM | L |
| Oct 5, 2019 | Sat | Regular Season (Whitesboro Invitational) | Jamesville-Dewitt, Holland Patent, Central Valley Academy, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Oneida, Vernon-Verona-Sherrill, Cooperstown (Cooperstown/Milford), New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Utica Proctor, Notre Dame, Utica, Poland, Waterville @ Whitesboro | 8:30 AM | | Deerfield Town Wilderness Park | | | NL |
| Oct 5, 2019 | Sat | Regular Season (Whitesboro XC Invite) | @ TBD | 11:30 AM | | Deerfield Town Wilderness Park | | Departure Time: 7:15 AM | NL |
| Oct 12, 2019 | Sat | Regular Season (RFA "Bill Coughlin" Invitational) | @ TBD | 2:15 PM | | TBD | | Departure Time: 9:45 AM | NL |
| Oct 16, 2019 | Wed | Regular Season | Clinton, Poland, Dolgeville, Mount Markham @ West Canada Valley | 4:30 PM | | TBD | | Departure Time: 3:30 PM | L |

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|--------------|----------|--|---|------------|----------|------------------------------|-------------------------|----------------|---------------------|
| Oct 19, 2019 | Sat | Regular Season | Adirondack, West Canada Valley, Poland, Remsen (Remsen/Town of Webb), Town of Webb UFSD (Remsen/Town of Webb), Sauquoit Valley, Clinton, Westmoreland, Holland Patent, Dolgeville, Cooperstown (Cooperstown/Milford), Sherburne-Earlville, Hamilton, Oriskany, New York Mills, Herkimer, Mount Markham, Waterville, Canastota @ TBD | 11:20 AM | | Kirkland Town Park | Departure Time: 8:00 AM | | L |
| Oct 26, 2019 | Sat | Regular Season (Cato - Meridian Invitational) | @ TBD | 9:00 AM | | Cato-Meridian Jr. Sr H S Gym | Departure Time: 6:30 AM | | NL |
| Oct 26, 2019 | Sat | Regular Season | Clinton, West Canada Valley, Poland, Dolgeville, Mount Markham | 4:30 PM | | Little Falls HS | | | L |
| Oct 30, 2019 | Wed | Scrimmage | @ West Canada Valley | 4:15 PM | | TBD | Departure Time: 3:40 PM | | NL |
| Nov 9, 2019 | Sat | Post-Season (Sectionals) | @ TBD | 11:00 AM | | TBD | Departure Time: 8:45 AM | | NL |

Date: 2024-05-18