Little Falls
(G) 7/8TH Cross Country

Coaches:

- Christina Martyniuk

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Oriskany, Sherburne-Earlville, Hamilton, Cooperstown (Modified) @ Dolgeville	4:30 PM		Dolgeville HS		**Departure Date:** Sep 14, 2022 **Departure Time:** 3:45 PM	L
Sep 17, 2022	Sat	Regular Season (Fort Plain Cross Country Invitational)	@ TBD	9:00 AM		H.H. Hoag Elementary School - Fort Plain		**Departure Time:** 7:45 AM	NL
Sep 21, 2022	Wed	Regular Season	Dolgeville, Waterville, Canastota @ Westmoreland	4:30 PM		Westmoreland H S		**Departure Date:** Sep 21, 2022 **Departure Time:** 3:00 PM	L
Sep 28, 2022	Wed	Regular Season	New York Mills, Dolgeville, Adirondack @ Mount Markham	4:30 AM		HS Track	**Class Dismissal:** 2:45 PM	**Departure Date:** Sep 28, 2022 **Departure Time:** 3:00 PM	L
Oct 5, 2022	Wed	Regular Season	Dolgeville, Herkimer, Owen D. Young (Richfield/ODY) @ Remsen (Remsen/Town of Webb)	4:30 PM		Remsen Jr/Sr H.S.	**Bus/Driver:** AT-01406	**Departure Point:** HS Cafe Doors **Departure Time:** 3:10 PM	L
Oct 8, 2022	Sat	Regular Season (RFA "Bill Coughlin" Invitational)	@ Rome Free Academy	11:00 AM		RFA Cross Country Course		**Departure Time:** 9:15 AM	NL
Oct 12, 2022	Wed	Regular Season	West Canada Valley, Poland, Dolgeville, Sauquoit Valley, Clinton	4:30 PM		Little Falls HS			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION		LEAGUE / NON-LEAGUE
Oct 22, 2022	Sat	Regular Season	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Remsen (Remsen/Town of Webb), Canastota, Adirondack, Poland, Dolgeville, Oriskany, Sherburne-Earlville, Hamilton @ Cooperstown (Modified)	11:00 AM		Herkimer County CC	**Bus/Driver:** AT-01432 (ALL TEAMS)	**Departure Point:** HS Front Doors **Departure Time:** 9:00 PM	L

Date: 2024-04-17